BALLY TOTAL FITNESS HOLDING CORP

Form 4 July 07, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

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SECURITIES

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Pardus Capital Management L.P.

2. Issuer Name and Ticker or Trading

Symbol

BALLY TOTAL FITNESS HOLDING CORP [BFT]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction

(Month/Day/Year) 07/06/2006

Director X__ 10% Owner Officer (give title _ Other (specify

1001 AVENUE OF THE AMERICAS, SUITE 1100

> (Street) 4. If Amendment, Date Original

> > Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

Form filed by One Reporting Person _X_ Form filed by More than One Reporting

below)

NEW YORK, NY 10018

(City)	(State)	(Zip) Tab	le I - Non-	Derivative S	ecurit	ies Acqu	iired, Disposed o	f, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Commen			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock, par value \$0.01 per share	07/06/2006		P	600	A	\$ 6.43	5,887,821	I	See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006		Р	300	A	\$ 6.44	5,878,121	I	See footnotes (1) (2) (3)
	07/06/2006		P	100,000	A		5,978,121	I	

Common Stock, par value \$0.01 per share					\$ 6.45			See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	P	100	A	\$ 6.46	5,978,221	I	See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	P	1,400	A	\$ 6.49	5,979,621	I	See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	P	2,300	A	\$ 6.5	5,981,921	I	See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	P	3,400	A	\$ 6.51	5,985,321	I	See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	P	4,900	A	\$ 6.52	5,990,221	I	See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	P	4,000	A	\$ 6.53	5,994,221	I	See footnotes
Common Stock, par value \$0.01 per share	07/06/2006	P	200	A	\$ 6.55	5,994,421	I	See footnotes
Common Stock, par value \$0.01 per share	07/06/2006	P	1,200	A	\$ 6.56	5,995,621	I	See footnotes (1) (2) (3)
	07/06/2006	P	3,100	A		5,998,721	I	

Common Stock, par value \$0.01 per share					\$ 6.57			See footnotes (1) (2) (3)
Common Stock, par value \$0.01 per share	07/06/2006	Р	1,279	A	\$ 6.58	6,000,000	I	See footnotes (1) (2) (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Conversion (Month/Day/Year) Execution Date, if TransactionNumber Expiration Date Amount of	Derivative Security
	Security
Security or Exercise any Code of (Month/Day/Year) Underlying	
(Instr. 3) Price of (Month/Day/Year) (Instr. 8) Derivative Securities	(Instr. 5)
Derivative Securities (Instr. 3 and 4)	
Security Acquired	
(A) or	
Disposed	
of (D)	
(Instr. 3,	
4, and 5)	
Amount	
or or	
Date Expiration Title Number	
Exercisable Date of	
Code V (A) (D) Shares	

Reporting Owners

Reporting Owner Name / Address		Relationships					
reporting of the France France	Director	10% Owner	Officer	Other			
Pardus Capital Management L.P. 1001 AVENUE OF THE AMERICAS SUITE 1100 NEW YORK, NY 10018		X					
Pardus European Special Opportunities Master Fund LP 1001 AVENUE OF THE AMERICAS SUITE 1100 NEW YORK, NY 10018		X					

Reporting Owners 3

Pardus Capital Management LLC 1001 AVENUE OF THE AMERICAS SUITE 1100 NEW YORK, NY 10018

X

Samii Karim

1001 AVENUE OF THE AMERICAS SUITE 1100

X

NEW YORK, NY 10018

Signatures

/s/ Karim Samii (4) 07/07/2006

**Signature of Date
Reporting Person

/s/ Karim Samii

(5) 07/07/2006

**Signature of Date
Reporting Person

/s/ Karim Samii 07/07/2006

**Signature of Date

Reporting Person

/s/ Karim Samii 07/07/2006

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations, See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Pardus European Special Opportunities Master Fund L.P., a limited partnership formed under the laws of the Cayman Islands (the "Fund"), is the holder of the 6,000,000 shares of the common stock, par value \$0.01 per share (the "Shares"), of Bally Total Fitness

- (1) Holding Corporation, a Delaware corporation (the "Company"). Pardus Capital Management L.P., a Delaware limited partnership ("PCM"), serves as the investment manager of the Fund and possesses sole power to vote and direct the disposition of all Shares held by the Fund.
 - Pursuant to Rule 16a-1(2)(ii)(B) under the Securities Exchange Act of 1934, as amended (the "Act"), Pardus Capital Management LLC, a Delaware limited liability company ("PCM LLC"), as the general partner of PCM, and Mr. Karim Samii, as the sole member of PCM
- LLC, may be deemed to be the beneficial owners of all Shares held by the Fund only to the extent of its or his direct or indirect pecuniary interest therein.
- Pursuant to Rule 16a -1(a)(4) under the Act, this filing shall not be deemed an admission that PCM LLC or Mr. Samii are, for purposes of (3) Section 16 of the Act or otherwise, the beneficial owners of any securities reported herein in excess of such amount and PCM LLC and Mr. Samii disclaim beneficial ownership of all Shares held by the Fund.

Remarks:

- (4) Mr. Samii is signing in his capacity as sole member of Pardus Capital Management LLC, the general partner of Pardus Capital Management L.P., the investment manager of Pardus European Special Opportunities Master Fund L.P.
- (5) Mr. Samii is signing in his capacity as sole member of Pardus Capital Management LLC, the general partner of Pardus Capital Management L.P.

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(6) Mr. Samii is signing in his capacity as sole member of Pardus Capital Management LLC.

EXHIBIT LIST

Exhibit 99.1 - Joint Filer Information

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.