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BALLY TOTAL FITNESS HOLDING CORP Form 8-K October 01, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of
The Securities Exchange Act of 1934
Date of Report (Date of earliest event reported): October 1, 2007
BALLY TOTAL FITNESS HOLDING CORPORATION

(Exact name of registrant as specified in its charter)

Delaware 001-13997 36-3228107

(State or other jurisdiction (Commission (I.R.S. Employer of incorporation) File Number) Identification No.)

8700 West Bryn Mawr Avenue, Chicago, Illinois 60631

(Address of principal executive offices)

(Zip Code)

Registrant s telephone number, including area code (773) 380-3000

N/A

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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BALLY TOTAL FITNESS HOLDING CORPORATION FORM 8-K Current Report

Item 8.01 Other Events.

On October 1, 2007, Bally Total Fitness Holding Corporation (the Company) issued a press release (the Press Release) announcing that the Company has emerged from chapter 11 after satisfying all of the conditions to effectiveness of the Harbinger-funded restructuring proposed under the First Amended Joint Prepackaged Chapter 11 Plan of Reorganization of the Company and its Affiliate Debtors. A copy of the Press Release is filed as Exhibit 99.1 hereto and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits

99.1 Press Release

Dated: October 1, 2007

BALLY TOTAL FITNESS HOLDING CORPORATION Registrant

/s/ Marc D. Bassewitz
Marc D. Bassewitz
Senior Vice President, Secretary and
General Counsel