INSIGHT CAPITAL RESEARCH & MANAGEMENT INC Form SC 13G/A April 29, 2010

CUSIP No. 630077105

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 $\begin{array}{c} \text{OMB APPROVAL} \\ \text{OMB} \end{array}$

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2009

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SCHEDULE 13G

Under the Securities Exchange Act of 1934

(Amendment No. 1)

Nanometrics Incorporated

(Name of Issuer)

Common Stock

(Title of Class of Securities)

630077105

(CUSIP Number)

February 24, 2010

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

[XX]	Rule 13d-1(b)
[]	Rule 13d-1(c)
[]	Rule 13d-1(d)
the subject	ainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to class of securities, and for any subsequent amendment containing information which would alter the s provided in a prior cover page.
Section 18	nation required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the all be subject to all other provisions of the Act (however, see the Notes).
_	ersons who are to respond to the collection of information contained in this form are not required to aless the form displays a currently valid OMB control number.
SEC	
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CO and IA

		I.R.S. Identification Nos. of above per	•
		Insight Capital Research & Man	agement, Inc.
2.		Check the Appropriate Box if a Men	aber of a Group (See Instructions)
		(a)	
		(b)	
	3	. SEC Use Only	
	4.	Citizenship or Place of Organiz	ation California
Number of Shares	5.	Sole Voting Power	-0-
Beneficially Owned by	6.	Shared Voting Power	-0-
Each Reporting	7.	Sole Dispositive Power	-0-
Person With:	8.	Shared Dispositive Power	-0-
9. Aggrega Person	te Amoun	t Beneficially Owned by Each Reporting	-0-
10.		Check if the Aggregate Amount in Roy Instructions)	
11		Percent of Class Represented by An	nount in Row (9) -0
	12.	Type of Reporting	Person (See Instructions)

CUSIP No. 630077105

Item 1.						
			(a)	Name of Issuer		
	Nanometrics Corporation					
		(b)	Addres	s of Issuer's Principal Executive Offices		
	1550 Buckeye Drive, Milpitas, CA 95035					
Item 2.						
		(a) In:		s of the persons filing this statement are: nagement, Inc. ("Insight") (the "Filer")		
		(b)	The principa	business office of the Filers is located at:		
	2121 N. California Blvd., Suite 560, Walnut Creek, CA 94596					
		(c)	The citizenship	of each Filer is set forth in the cover page.		
	(d)		This statement relates to sha	ares of common stock of the Issuer (the "Stock").		
		(e)	The CU	SIP number of the Issuer is: 630077105		
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Item 8.

Item 3. If this statement is filed pursuant to rule 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:					
(a) Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o).					
(b) [] Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).					
(c) [] Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).					
(d)[]Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8).					
(e) [XX] An investment adviser in accordance with section 240.13d-1(b)(1)(ii)(E).					
(f) [] An employee benefit plan or endowment fund in accordance with section 240.13d-1(b)(1)(ii)(F).					
(g) [] A parent holding company or control person in accordance with 240.13d-1(b)(1)(ii)(G)					
(h) [] A savings association as defined in section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813).					
(i)[]A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3).					
(j) Group, in accordance with section 240.13d-1(b)(1)(ii)(J).					
Item 4. Ownership.					
See Items 5-9 and 11 of the cover page for each Filer.					
Item 5. Ownership of Five Percent or Less of a Class					
If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following [XX].					
Item 6. Ownership of More than Five Percent on Behalf of Another Person.					
Insight is an investment adviser whose clients have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, the Stock. No individual client's holdings of the Stock are more than five percent of the outstanding Stock.					
Item Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company.					
Not applicable.					

Identification and Classification of Members of the Group.

See Item 2(a) of this Schedule.				
Item 9.	m 9. Notice of Dissolution of Group			
Not applicable.				
Item 10.	Certification.			
For Insight:				
By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.				
	SIGNATURE			
After reasonable inquiry and to the best of my statement is true, complete and correct.	knowledge and belief, I certify that the information set forth in this			
Dated: April 28, 2010				
INSIGHT CAPITAL RESEARCH & MANA	GEMENT, INC.			
By: James Foran, CCO				
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