# FIRST TRUST STRATEGIC HIGH INCOME FUND Form N-O

April 01, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM N-O

QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED MANAGEMENT INVESTMENT COMPANY

Investment Company Act file number 811-21756

FIRST TRUST STRATEGIC HIGH INCOME FUND (Exact name of registrant as specified in charter)

120 East Liberty Drive, Suite 400 Wheaton, IL 60187 (Address of principal executive offices) (Zip code)

> W. Scott Jardine, Esq. First Trust Portfolios L.P. 120 East Liberty Drive, Suite 400 Wheaton, IL 60187 (Name and address of agent for service)

Registrant's telephone number, including area code: 630-765-8000

Date of fiscal year end: OCTOBER 31

Date of reporting period: JANUARY 31, 2009

Form N-Q is to be used by management investment companies, other than small business investment companies registered on Form N-5 (ss.ss. 239.24 and 274.5 of this chapter), to file reports with the Commission, not later than 60 days after the close of the first and third fiscal quarters, pursuant to rule 30b1-5 under the Investment Company Act of 1940 (17 CFR 270.30b1-5). The Commission may use the information provided on Form N-Q in its regulatory, disclosure review, inspection, and policymaking roles.

A registrant is required to disclose the information specified by Form N-Q, and the Commission will make this information public. A registrant is not required to respond to the collection of information contained in Form N-O unless the Form displays a currently valid Office of Management and Budget ("OMB") control number. Please direct comments concerning the accuracy of the information collection burden estimate and any suggestions for reducing the burden to the Secretary, Securities and Exchange Commission, 100 F Street, NE, Washington, DC 20549. The OMB has reviewed this collection of information under the clearance requirements of 44 U.S.C. ss. 3507.

ITEM 1. SCHEDULE OF INVESTMENTS. The Schedule(s) of Investments is attached herewith.

FIRST TRUST STRATEGIC HIGH INCOME FUND PORTFOLIO OF INVESTMENTS (a)

JANUARY 31, 2009 (UNAUDITED)

PRINCIPAL VALUE	DESCRIPTION	COUPON	STAT MATUR
ASSET-BACKED	O SECURITIES - 44.5%		
	ABCLO, Ltd.		
\$ 1,750,000	Series 2007-1A, Class D (c) (d)	4.99%	04/15
504,354	Series 2003-OP1, Class B	6.00%	12/25
914,328	Series 2005-HE5, Class M10 (c)	3.39%	08/25
860,501	Series 1999-1A, Class A2 (b) (c)	0.83%	05/15
407,728	Series 1999-A, Class A2 (b)	7.23%	03/15
4,000,000	Series 2007-HE3, Class M9 (c)	2.64%	04/25
5,750,000	Series 2007-2, Class B1 (b) (c)	2.89%	05/25
1,400,000	Series 2007-2, Class B2 (b) (c)	2.89%	05/25
1,766,000	Series 2007-3, Class B2 (b) (c)	2.89%	07/25
335,349	Series 1999-B, Class A1B	6.61%	09/15
858 <b>,</b> 582	Series 1999-B, Class A3	7.18%	12/15
3,654,109	Conseco Finance Securitizations Corp.  Series 2000-6, Class M1	7.72%	09/01
1,175,573	Series 1998-1, Class A3 (b)	6.63%	01/15
1,014,804	Series 2000-1, Class A1 (b)	6.96%	01/15
1,299,960	Series 2000 1, Class A1 (b)	6.96%	01/15
4,905,000	Series 2000-1, Class E (b)	6.50%	04/05
4,231,000	Series 2003-1, Class E (b)	6.00%	01/05
5,000,000	Series 1999-2, Class B1 (b)	8.27%	05/18
873 <b>,</b> 138	Series 1997-B, Class A (b)	6.85%	09/15
353,502	Series 1997-4, Class B1	7.23%	02/15
981,503	Series 1998-4, Class M1	6.83%	04/01
3,000,000	Series 1998-8, Class M1	6.98%	09/01
6,016,268	Series 1999-3, Class M1	6.96%	02/01
695,439	Series 2004-AR2, Class B4 (d)	5.00%	08/25
991,846	Series 2006-S3, Class A2	5.77%	05/25
867 <b>,</b> 967	Series 2006-S5, Class A1 (c)	0.48%	09/25
1,630,322	Series 1A, Class B (c) (d)	4.88%	03/24
3,000,000	Series 1A, Class B (b) (c)	3.17%	12/13
5,000,000	Series 3A, Class C1 (b) (c)	3.93%	10/03
2,375,000	Series 2005-B, Class M10 (c) Long Beach Mortgage Loan Trust	3.89%	08/25
1,955,472	Series 2006-A, Class A2	5.55%	05/25

See Notes to Quarterly Portfolio of Investments

Page 1

FIRST TRUST STRATEGIC HIGH INCOME FUND PORTFOLIO OF INVESTMENTS (a) - (CONTINUED) JANUARY 31, 2009 (UNAUDITED)

PRINCIPAL VALUE	DESCRIPTION	COUPON	STAT MATUR
TOOM DACKED			
ASSET-BACKED	SECURITIES - (CONTINUED) Longhorn CDO, Ltd.		ļ
\$ 2,807,626	Series 1, Class C (b) (c)	8.49%	05/10
· -, · · · ,	Merit Securities Corp.		*
2,813,069	Series 13, Class B1 (d)	8.00%	12/28
2,602,000	Series 13, Class M2	8.00%	12/28
	North Street Referenced Linked Notes		ļ
4,500,000	Series 2000-1A, Class C (c) (d)	2.92%	04/28
7,000,000	Series 2000-1A, Class D1 (b) (c)	3.77%	04/28
	Park Place Securities, Inc.	- 20	
3,689,895	Series 2004-WCW1, Class M8 (c)	3.89%	09/25
1,301,976	Series 2004-WCW2, Class M10 (b) (c)	3.14%	10/25
4,954,263	Series 2005-WCW3, Class M11 (c) (d)	2.89%	08/25
	Rosedale CLO, Ltd.	( 6 )	~ 7 / 0 /
3,500,000	Series I-A, Class II (b)	(f)	07/24
1 000 000	Signature 5, Ltd.	10 560	10/27
1,000,000	Series 5A, Class C (b)	12.56%	10/27
1 (24 000	Soundview Home Equity Loan Trust	2 000	00/25
1,634,000	Series 2007-OPT3, Class M10 (c) (d)	2.89%	08/25
3,000,000	Structured Asset Securities Corp.  Series 2007-BC3, Class B1 (b) (c)	2.89%	05/25
2,000,000	Series 2007-BC3, Class B1 (b) (c)	2.89%	05/25 06/25
۷,000,000	Series 2007-OS1, Class MIO (c)	۵.090	00/20
4,705,734	Series 1A, Class B (c) (d)	3.54%	05/23
4, 100, 101	Wells Fargo Home Equity Trust	J.J.	00/20
3,019,132	Series 2007-2, Class B2 (b) (c)	2.89%	04/25
	TOTAL ASSET-BACKED SECURITIES (Cost \$66,555,408)		
COLLATERALIZE	ED MORTGAGE OBLIGATIONS- 5.5%		ļ
0022	Bear Stearns Alt-A Trust		l
2,090,296	Series 2006-8, Class 2A2	5.43%	08/25
•	Countrywide Alternative Loan Trust		
3,331,936	Series 2005-56, Class M4 (c)	1.31%	11/25
•	Credit Suisse Mortgage Capital Certificates		l
2,398,378	Series 2006-1, Class DB5 (d)	5.71%	02/25
2,324,170	Series 2006-2, Class DB5 (d)	5.87%	03/25
	Deutsche Alt-A Securities, Inc. Mortgage Loan Trust		
3,691,244	Series 2007-0A4, Class M10 (c)	3.39%	08/25
	HarborView Mortgage Loan Trust		
3,970,059	Series 2005-9, Class B10 (c)	2.08%	06/20
	TOTAL COLLATERALIZED MORTGAGE OBLIGATIONS (Cost \$10,970,537)		

See Notes to Quarterly Portfolio of Investments

Page 2

FIRST TRUST STRATEGIC HIGH INCOME FUND PORTFOLIO OF INVESTMENTS (a) - (CONTINUED) JANUARY 31, 2009 (UNAUDITED)

STRUCTURED NOTES- 2.2%

PRINCIPAL VALUE	DESCRIPTION	COUPON	STAT MATUF
COMMERCIAL MC	ORTGAGE-BACKED SECURITIES - 18.4%		I
	Banc of America Commercial Mortgage Inc.		1
\$ 1,171,422	Series 2000-1, Class M (b)	6.00%	11/15
2,000,000	Series 2005-MIB1, Class L (b) (c)	3.33%	03/15
2,878,166	Series 2002-X1, Class O (b)	7.00%	10/11
2,878,166	Series 2002-X1, Class P (b)	7.00%	10/11
1,776,400	Series 2000-WF1, Class K	6.50%	02/15
700,000	Series 2000-1, Class G (d)  GMAC Commercial Mortgage Securities, Inc.	6.13%	01/15
1,000,000	Series 1999-C3, Class G (d)	6.97%	08/15
7,000,000	Series 1998-C1, Class H (b)	6.00%	10/18
3,025,000	Series 2001-C7, Class Q (d)	5.87%	11/15
2,083,703	Series 2001-C7, Class S (d)	5.87%	11/15
968,400	Series 1999-WF1, Class M (b)	5.91%	11/15
2,787,919	Series 2003-IQ5, Class O (d)	5.24%	04/15
	TOTAL COMMERCIAL MORTGAGE-BACKED SECURITIES (Cost \$21,730,776)		
	NDS AND NOTES - 3.5%	/£\	20/01
1,500,000	Lexington Precision Corp., Units (e)	(f)	08/01
	TOTAL CORPORATE BONDS AND NOTES (Cost \$1,200,000)		
U.S. GOVERNME	ENT AGENCY MORTGAGE-BACKED SECURITIES - 19.3% FannieMae-ACES		
7,721,305	Series 1998-M7, Class N, IO	0.54%	05/25
92,129,994	Series 2003-47, Class XA, IO	1.26%	06/16
23,433,555	Series 2003-59, Class XA, IO	1.95%	06/16
	TOTAL U.S. GOVERNMENT AGENCY MORTGAGE-BACKED SECURITIES (Cost \$6,855,059)		

	Bacchus Ltd.		
1,225,000	Series 2006-1I, Subordinated Bond (b)	(f)	01/20
	InCaps Funding II Ltd./InCaps Funding II Corp.		
2,000,000	Subordinated Note (b)	(f)	01/15
3,750,000	Preferred Term Securities XXV, Ltd. (b)	(f)	06/22
	TOTAL STRUCTURED NOTES		
	(Cost \$3,387,594)		

See Notes to Quarterly Portfolio of Investments

Page 3

FIRST TRUST STRATEGIC HIGH INCOME FUND PORTFOLIO OF INVESTMENTS (a) - (CONTINUED) JANUARY 31, 2009 (UNAUDITED)

SHARES	DESCRIPTION
PREFERRED SEC 1,450 2,000 4,000 2,000	CURITIES - 1.3%  Ajax Two Ltd., Series 2A (b) (f)
3,000	White Marlin CDO, Ltd., Series AI (b) (f) (e)
	(Cost \$3,663,120)
	(Cost \$114,362,494) (g)
	NET ASSETS - 100.0%

<sup>(</sup>a) All percentages shown in the Portfolio of Investments are based on net assets.

<sup>(</sup>b) This security, sold within the terms of a private placement memorandum, is exempt from registration under Rule 144A of the Securities Act of 1933, as amended (the "1933 Act"), and may be resold in transactions exempt from registration, normally to qualified institutional buyers. Pursuant to procedures adopted by the Fund's Board of Trustees, this security has been determined to be liquid by Valhalla Capital Partners, LLC, the Fund's investment sub-advisor. Although recent instability in the markets has resulted in periods of increased overall market illiquidity, liquidity for each security is determined based on security specific factors and assumptions, which require subjective judgment. At January 31, 2009, securities noted as such amounted to \$13,951,392 or 37.2% of net assets.

<sup>(</sup>c) Floating rate security. The interest rate shown reflects the rate in effect

at January 31, 2009.

- (d) This security, sold within the terms of a private placement memorandum, is exempt from registration under Rule 144A of the 1933 Act, and may be resold in transactions exempt from registration, normally to qualified institutional buyers (See Note 1C - Restricted Securities in the Notes to Quarterly Portfolio of Investments).
- (e) The issuer is in default. Income is not being accrued.
- (f) Zero coupon.
- (g) Aggregate cost for federal income tax and financial reporting purposes. As of January 31, 2009, the aggregate gross unrealized appreciation for all securities in which there was an excess of value over tax cost was \$844,201 and the aggregate gross unrealized depreciation for all securities in which there was an excess of tax cost over value was \$79,728,951.

ACES Alternative Credit Enhancement Securities

- CBO Collateralized Bond Obligation
- CDO Collateralized Debt Obligation
- CLO Collateralized Loan Obligation
- Interest Only represents the interest only portion of a mortgage-backed security, which allows the holder to receive interest only payments on the amount of notional principal outstanding.

See Notes to Quarterly Portfolio of Investments

Page 4

FIRST TRUST STRATEGIC HIGH INCOME FUND PORTFOLIO OF INVESTMENTS (a) - (CONTINUED) JANUARY 31, 2009 (UNAUDITED)

#### SECURITY VALUATION INPUTS

A summary of the inputs used to value the Fund's investments as of January 31, 2009 is as follows (See Note 1A - Portfolio Valuation in the Notes to Quarterly Portfolio of Investments):

VALUATION INPUTS	INVESTMENTS
Level 1 - Quoted Prices	26,629,146
TOTAL	\$35,477,744

The following table presents the Fund's investments measured at fair value on a recurring basis using significant unobservable inputs (Level 3) for the period

presented.

INVESTMENTS AT FAIR VALUE USING SIGNIFICANT UNOBSERVABLE INPUTS (LEVEL 3)	INVESTMENTS
Balance as of October 31, 2008	\$23,044,686 (3,780,541) (1,480,960) (7,410,862) (1,523,725)
Balance as of January 31, 2009	\$ 8,848,598

Net unrealized depreciation from Level 3 investments held as of January 31, 2009 was \$15,929,307.

See Notes to Quarterly Portfolio of Investments

Page 5

NOTES TO QUARTERLY PORTFOLIO OF INVESTMENTS

FIRST TRUST STRATEGIC HIGH INCOME FUND JANUARY 31, 2009 (UNAUDITED)

1. VALUATION AND INVESTMENT PRACTICES

#### A. PORTFOLIO VALUATION:

The net asset value ("NAV") of the Common Shares of First Trust Strategic High Income Fund (the "Fund) is determined daily as of the close of regular trading on the New York Stock Exchange ("NYSE"), normally 4:00 p.m. Eastern time, on each day the NYSE is open for trading. Domestic debt securities and foreign securities are priced using data reflecting the earlier closing of the principal markets for those securities. The NAV per Common Share is calculated by dividing the value of all assets of the Fund (including accrued interest and dividends), less all liabilities (including accrued expenses, dividends declared but unpaid and any borrowings of the Fund) by the total number of Common Shares outstanding.

The Fund's investments are valued daily at market value or, in the absence of market value with respect to any portfolio securities, at fair value according to procedures adopted by the Fund's Board of Trustees. Securities for which market quotations are readily available are valued at market value, which is currently determined using the last reported sale price on the business day as of which such value is being determined or, if no sales are reported on such day (as in the case of some securities traded over-the-counter), the last reported bid price, except that certain U.S. Government securities are valued at the mean between the last reported bid and asked prices. The Fund values mortgage-backed securities and other debt securities not traded in an organized market on the basis of valuations provided by dealers who make markets in such securities or by an independent pricing service approved by the Board of Trustees which uses information with respect to transactions in such securities, quotations from dealers, market transactions for comparable securities, various relationships

between securities and yield to maturity in determining value. The Fund's Portfolio of Investments includes investments with a value of \$4,991,258 (14.1% of total investments) as of January 31, 2009, whose values have been determined based on prices supplied by dealers and investments with a value of \$30,486,486 (85.9% of total investments), whose values have been determined based on prices supplied by independent pricing services. These values may differ from the values that would have been used had a ready market for these investments existed, and the differences could be material.

Debt securities having a remaining maturity of less than sixty days when purchased are valued at cost adjusted for amortization of premiums and accretion of discounts.

In the event that market quotations are not readily available, the pricing service or dealer does not provide a valuation for a particular security, or the valuations are deemed unreliable, the Fund's Board of Trustees has designated First Trust Advisors L.P. ("First Trust") to use a fair value method to value the Fund's securities and investments. Additionally, if events occur after the close of the principal markets for particular securities (e.g., domestic debt and foreign securities), but before the Fund values its assets, that could materially affect NAV, First Trust may use a fair value method to value the Fund's securities and other investments. As a general principle, the fair value of a security is the amount which the Fund might reasonably expect to receive for the security upon its current sale. A variety of factors may be considered in determining the fair value of such securities including 1) the fundamental business data relating to the issuer; 2) an evaluation of the forces which influence the market in which these securities are purchased and sold; 3) type of holding; 4) financial statements of the issuer; 5) cost at date of purchase; 6) credit quality and cash flow of the issuer based on external analysis; 7) information as to any transactions in or offers for the holding; 8) price and extent of public trading in similar securities of the issuer/borrower, or comparable companies; and 9) other relevant factors. The use of fair value pricing by the Fund is governed by valuation procedures adopted by the Fund's Board of Trustees, and in accordance with the provisions of the Investment Company Act of 1940, as amended. When fair value pricing of securities is employed, the prices of securities used by the Fund to calculate its NAV may differ from market quotations or official closing prices. In light of the judgment involved in fair valuations, there can be no assurance that a fair value assigned to a particular security will be the amount which the Fund might be able to receive upon its current sale.

The Fund invests a significant portion of its assets in below-investment grade debt securities, including mortgage-backed securities, asset-backed securities, corporate bonds and collateralized debt obligations. The value and related income of these securities is sensitive to changes in economic conditions, including delinquencies and/or defaults. Recent instability in the markets for fixed income securities, particularly mortgage-backed and asset-backed securities, has resulted in increased volatility and periods of illiquidity that have adversely impacted the valuation of certain securities held by the Fund.

Page 6

NOTES TO QUARTERLY PORTFOLIO OF INVESTMENTS - (CONTINUED)

FIRST TRUST STRATEGIC HIGH INCOME FUND JANUARY 31, 2009 (UNAUDITED)

In September 2006, the Financial Accounting Standards Board ("FASB") issued Statement of Financial Accounting Standards No. 157 Fair Value Measurements

("FAS 157"), effective for fiscal years beginning after November 15, 2007. This standard clarifies the definition of fair value for financial reporting, establishes a framework for measuring fair value and requires additional disclosures about the use of fair value measurements. FAS 157 became effective for the Fund as of November 1, 2008, the beginning of its current fiscal year. The three levels of the fair value hierarchy under FAS 157 are described as follows:

- Level 1 quoted prices in active markets for identical securities
- Level 2 other significant observable inputs (including quoted prices for similar securities, interest rates, prepayment speeds, credit risk, etc.)
- Level 3 significant unobservable inputs (including the Fund's own assumptions in determining the fair value of investments)

The inputs or methodology used for valuing securities are not necessarily an indication of the risk associated with investing in those securities. A summary of the inputs used to value the Fund's investments as of January 31, 2009 is included with the Fund's Portfolio of Investments.

#### B. SECURITIES TRANSACTIONS:

Securities transactions are recorded as of the trade date. Realized gains and losses from securities transactions are recorded on the identified cost basis.

Securities purchased or sold on a when-issued or delayed-delivery basis may be settled a month or more after the trade date; interest income on such securities is not accrued until settlement date. The Fund maintains liquid assets of the Fund with a current value at least equal to the amount of its when-issued or delayed-delivery purchase commitments. At January 31, 2009, the Fund had no when-issued or delayed-delivery purchase commitments.

#### C. RESTRICTED SECURITIES:

The Fund invests in restricted securities, which are securities that may not be offered for public sale without first being registered under the 1933 Act. Prior to registration, restricted securities may only be resold in transactions exempt from registration under Rule 144A of the 1933 Act, normally to qualified institutional buyers. As of January 31, 2009, the Fund held restricted securities as shown in the table below that the sub-advisor, Valhalla Capital Partners, LLC, has deemed illiquid pursuant to procedures adopted by the Fund's Board of Trustees. Although recent instability in the markets has resulted in periods of increased overall market illiquidity, liquidity for each security is determined based on security specific factors and assumptions, which require subjective judgement. The Fund does not have the right to demand that such securities be registered. These securities are valued according to the valuation procedures as stated in the Portfolio Valuation footnote (Note 1A) and are not expressed as a discount to the carrying value of a comparable unrestricted security. There are no unrestricted securities with the same maturity dates and yields for these issuers.

			CARRYING	
	ACQUISITION	PRINCIPAL	VALUE	CARRYING
SECURITY	DATE	VALUE	PER SHARE	COST
ABCLO, Ltd. Series 2007-1A, Class D, 4.99%, 04/15/21	04/25/07	\$1,750,000	\$ 9.89	\$1,726,282
Series 2007 1A, Class D, 4.95%, 04/15/21	04/23/07	71,730,000	7 9.09	71, 720, 202

Credit Suisse Mortgage Capital Certificates				
Series 2006-1, Class DB5, 5.71%, 02/25/36	12/15/06	2,398,378	0.92	794 <b>,</b> 135
Series 2006-2, Class DB5, 5.87%, 03/25/36	12/15/06	2,324,170	1.84	778,314
GE Capital Commercial Mortgage Corp.				
Series 2000-1, Class G, 6.13%, 01/15/33	06/06/06	700,000	38.83	686 <b>,</b> 127
GMAC Commercial Mortgage Securities, Inc.				
Series 1999-C3, Class G, 6.97%, 08/15/36	08/24/05	1,000,000	85.92	984,540
GSMAP Trust				
Series 2004-AR2, Class B4, 5.00%, 08/25/34	08/22/05	695 <b>,</b> 439	0.55	77,135
Halyard Multi Asset CBO I, Ltd.				
Series 1A, Class B, 4.88%, 03/24/10	03/27/06	1,630,322	35.34	684,644
LB-UBS Commercial Mortgage Trust				
Series 2001-C7, Class Q, 5.87%, 11/15/33	09/19/05	3,025,000	25.53	2,619,515
Series 2001-C7, Class S, 5.87%, 11/15/33	09/29/05	2,083,703	11.87	1,589,837
Merit Securities Corp.				
Series 13, Class B1, 8.00%, 12/28/33	02/20/07	2,813,069	11.87	28,556

Page 7

NOTES TO QUARTERLY PORTFOLIO OF INVESTMENTS - (CONTINUED)

# FIRST TRUST STRATEGIC HIGH INCOME FUND JANUARY 31, 2009 (UNAUDITED)

SECURITY 	ACQUISITION DATE	PRINCIPAL VALUE	CARRYING VALUE PER SHARE	CARRY COS
Morgan Stanley Capital I, Inc.				
Series 2003-IQ5, Class O, 5.24%, 04/15/38  North Street Referenced Linked Notes	10/19/06	\$ 2,787,919	\$ 7.77	\$ 1 <b>,</b> 606
Series 2000-1A, Class C, 2.92%, 04/28/11	03/27/06	4,500,000	36.38	3,708
Park Place Securities, Inc.		, ,		,
Series 2005-WCW3, Class M11, 2.89%, 08/25/35	12/26/07	4,954,263	2.20	374
Soundview Home Equity Loan Trust				
Series 2007-OPT3, Class M10, 2.89%, 08/25/37	06/21/07	1,634,000	3.10	1,441
Summit CBO I, Ltd				
Series 1A, Class B, 3.54%, 05/23/11	08/03/05	4,705,734	3.82	647
		\$37,001,997		\$17 <b>,</b> 748
		========		======

#### D. INTEREST ONLY SECURITIES:

An interest only security is the interest only portion of a mortgage-backed security ("MBS") that receives some or all of the interest portion of the underlying MBS and little or no principal. A reference principal value called a notional value is used to calculate the amount of interest due to the IO security. IOs are sold at a deep discount to their notional principal amount. Generally speaking, when interest rates are falling and prepayment rates are increasing, the value of an IO security will fall. Conversely, when interest rates are rising and prepayment rates are decreasing, generally the value of an IO security will rise. These investments are identified on the Portfolio of Investments.

Page 8

#### ITEM 2. CONTROLS AND PROCEDURES.

- (a) The registrant's principal executive and principal financial officers, or persons performing similar functions, have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the "1940 Act") (17 CFR 270.30a-3(c))) are effective, as of a date within 90 days of the filing date of the report that includes the disclosure required by this paragraph, based on their evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act (17 CFR 270.30a-3(b)) and Rules 13a-15(b) or 15d-15(b) under the Securities Exchange Act of 1934, as amended (17 CFR 240.13a-15(b) or 240.15d-15(b)).
- (b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act (17 CFR 270.30a-3(d)) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

#### ITEM 3. EXHIBITS.

Certifications pursuant to Rule 30a-2(a) under the 1940 Act and Section 302 of the Sarbanes-Oxley Act of 2002 are attached hereto.

#### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

(Registrant) FIRST TRUST STRATEGIC HIGH INCOME FUND

By (Signature and Title) \* /S/ JAMES A. BOWEN

James A. Bowen, Chairman of the Board, President and Chief Executive Officer

(principal executive officer)

Date MARCH 26, 2009 \_\_\_\_\_\_

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By (Signature and Title) \* /S/ JAMES A. BOWEN

\_\_\_\_\_\_

James A. Bowen, Chairman of the Board, President

and Chief Executive Officer
(principal executive officer)

Date MARCH 26, 2009

By (Signature and Title)\* /S/ MARK R. BRADLEY

Mark R. Bradley, Treasurer, Controller, Chief
Financial Officer and Chief Accounting Officer
(principal financial officer)

Date MARCH 26, 2009

 $<sup>^{\</sup>star}$  Print the name and title of each signing officer under his or her signature.