

EIDSON DENNIS  
Form 4  
February 08, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
Expires: January 31, 2005  
Estimated average burden hours per response... 0.5

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
EIDSON DENNIS

(Last) (First) (Middle)

C/O 850 - 76TH STREET SW

(Street)

GRAND RAPIDS, MI 49518

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
SPARTAN STORES INC [SPTN]

3. Date of Earliest Transaction (Month/Day/Year)  
02/06/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
Exec VP Merchandising & Mktg.

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_\_ Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|---|
|                                 |                                      |  | Code                           | V   | Amount or Price   |  |   |
| Common Stock                    | 02/06/2006                           |  | M                              |   | 10,000 A \$ 2.435   | 67,547   | D   |
| Common Stock                    | 02/06/2006                           |  | M                              |   | 1,562 A \$ 3.25   | 69,109   | D   |
| Common Stock                    | 02/06/2006                           |  | F                              |   | 5,715 D \$ 11.605   | 63,394   | D   |
| Common Stock                    |                                      |  |                                |   |   | 3,381.841  | I By 401(k) Plan                                      |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) |                 | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Amount or Number of Shares |
|--|--|--------------------------------------|--|--------------------------------|---|--|-----------------|---|-------------------------------|
|  |  |                                      |  | Code                           | V (A) (D)   | Date Exercisable   | Expiration Date | Title   |                               |
| Stock Option (Right to Buy)                | \$ 2.435   | 02/06/2006                           |  | M                              | 5,000   | 03/17/2004   | 03/16/2013      | Common Stock  | 5,000                         |
| Stock Option (Right to Buy)                | \$ 2.435   | 02/06/2006                           |  | M                              | 5,000   | 03/17/2005   | 03/16/2013      | Common Stock  | 5,000                         |
| Stock Option (Right to Buy)                | \$ 2.435   |                                      |  |                                |   | 03/17/2006   | 03/16/2013      | Common Stock  | 5,000                         |
| Stock Option (Right to Buy)                | \$ 2.435   |                                      |  |                                |   | 03/17/2007   | 03/16/2013      | Common Stock  | 5,000                         |
| Stock Option (Right to Buy)                | \$ 3.25  | 02/06/2006                           |  | M                              | 1,562   | 05/12/2005   | 05/11/2014      | Common Stock  | 1,562                         |
| Stock Option (Right to Buy)                | \$ 3.25  |                                      |  |                                |   | 05/12/2006   | 05/11/2014      | Common Stock  | 1,562                         |
| Stock Option (Right to Buy)                | \$ 3.25  |                                      |  |                                |   | 05/12/2007   | 05/11/2014      | Common Stock  | 1,563                         |

Buy)

Stock

Option \$ 3.25  
(Right to

05/12/2008 05/11/2014 Common Stock 1,563

Buy)

## Reporting Owners

| Reporting Owner Name / Address                                      | Relationships |           |                               |       |
|---|---------------|-----------|-------------------------------|-------|
|   | Director      | 10% Owner | Officer                       | Other |
| EIDSON DENNIS<br>C/O 850 - 76TH STREET SW<br>GRAND RAPIDS, MI 49518 |               |           | Exec VP Merchandising & Mktg. |       |

## Signatures

/s/ Alex J. DeYonker, by power of attorney 02/08/2006

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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