KADANT INC Form 4 March 11, 2016

FORM 4

Form 5

1(b).

(Last)

obligations

may continue.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1. Name and Address of Reporting Person * SELWOOD DEBORAH

2. Issuer Name and Ticker or Trading

Symbol

KADANT INC [KAI]

03/10/2016

3. Date of Earliest Transaction (Month/Day/Year)

1 TECHNOLOGY PARK DRIVE

(Street)

(First)

(Middle)

4. If Amendment, Date Original

Filed(Month/Day/Year)

OMB

Number:

Expires:

response...

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OMB APPROVAL

3235-0287

January 31,

2005

0.5

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner Other (specify _X__ Officer (give title . below)

VICE PRESIDENT & CAO

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

WESTFORD, MA 01886

(City)	(State)	Zip) Table	e I - Non-D	erivative s	Secur	ities Aco	quired, Disposed	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	03/10/2016		M	646	A	(1)	9,314	D	
Common Stock	03/10/2016		F	204	D	\$ 42.2	9,110	D	
Common Stock	03/10/2016		M	455	A	<u>(2)</u>	9,565	D	
Common Stock	03/10/2016		F	144	D	\$ 42.2	9,421	D	
Common Stock	03/10/2016		M	399	A	<u>(3)</u>	9,820	D	

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Common Stock 03/10/2016 F 129 D \$ 9,691 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

8. F Der Sec (Ins

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Deri Secu Acq (A) (Disp of (I	posed D) str. 3, 4,		ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	03/10/2016		M		646	<u>(1)</u>	03/10/2016	Common Stock	646
Restricted Stock Unit	\$ 0	03/10/2016		M		455	(2)	03/10/2017	Common Stock	455
Restricted Stock Unit	\$ 0	03/10/2016		M		399	(3)	03/10/2018	Common Stock	399

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SELWOOD DEBORAH			VICE				
1 TECHNOLOGY PARK DRIVE			PRESIDENT &				
WESTFORD, MA 01886			CAO				

Signatures

by Sandra L. Lambert for Deborah S. Selwood 03/11/2016

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares represent the partial settlement under a time-based RSU award granted March 6, 2013. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.
- (2) The shares represent the partial settlement under a time-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.
- The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2016 and was converted to common stock on a one-for-one basis on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.