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SIERRA HEAD Form 4 April 22, 2005	LTH SERVICE	S INC							
FORM	4								APPROVAL
Check this b	UNITEDS	STATES SI	ECURITIES Washingtor			NGE (COMMISSION	OMB Number:	3235-0287
if no longer subject to Section 16. Form 4 or	STATEM		SECU	NERSHIP OF	Expires: Estimated burden he response	•			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type Res	sponses)								
1. Name and Add MARLON AN	2. Issuer Name an ymbol IERRA HEAL			-	 Relationship of Reporting Person(s) to Issuer (Check all applicable) 				
		[S	SIE]				(Che	ck all applica	bie)
(Last) 2724 N. TENA	· · · ·	(N	Date of Earliest 7 Month/Day/Year) 4/21/2005	Fransaction			X Director X Officer (giv below)		
LAS VEGAS,	(Street)		If Amendment, I iled(Month/Day/Ye	-	1		6. Individual or J Applicable Line) _X_ Form filed by Form filed by J	oint/Group Fi One Reporting	ling(Check Person
							Person		
(City)	(State) (Zip)	Table I - Non-	Derivative	Secur	ities Acq	uired, Disposed o	of, or Benefic	ially Owned
			Code	4. Securit or(A) or Dis (Instr. 3, 4 Amount	posed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common 04 Stock 04	4/21/2005		А	36,000	А	\$ 60.11	76,000	D	
Common Stock							152,648	I	By the AMM & RM Family Limited Partnership
Common Stock							688,293	I	By the Marlon Family Trust (1)

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Common Stock	1,500	I	By the AMRM Family Partners Ltd. (<u>1)</u>				
Common Stock	375,000	I	By the Anthony M. Marlon Charitable Remainder Trust <u>(1)</u>				
Common Stock	375,000	I	By the Renee Marlon Charitable Remainder Trust <u>(1)</u>				
Common Stock	443,662	I	By the AMRM Family Trust (1)				
Common Stock	75,864	I	By the Anthony M. Marlon 2003 Retained Annuity Trust (1)				
Common Stock	75,864	Ι	By the Renee Marlon 2003 Retained Annuity Trust (1)				
Common Stock	106,415	Ι	By the 401(k) Plan				
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.							

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Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3,			Amou Unde Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
		Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
MARLON ANTHONY M MD 2724 N. TENAYA WAY LAS VEGAS, NV 89128	Х		COB, CEO and President					
Signatures								
Anthony M. Marlon, M.D./Jayno Primaky POA	e	(04/22/2005					
**Signature of Reporting Person			Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This report shall not be deemed an admission that the Reporting Person is the beneficial owner of, or has a pecuniary interest in, shares of Common Stock held by the respective trusts for purposes of Section 16 or any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.