

EVERIST THOMAS S
Form 4
May 23, 2007

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
EVERIST THOMAS S

2. Issuer Name and Ticker or Trading Symbol
MDU RESOURCES GROUP INC
[MDU]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

MDU RESOURCES GROUP,
INC., P. O. BOX 5650

(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
05/22/2007

Director 10% Owner
 Officer (give title below) Other (specify below)

BISMARCK, ND 58506-5650

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock					13,837	D	
Common Stock	05/22/2007		S	1,700 D	\$ 31.06 2,468,300	I	By Corporation
Common Stock	05/22/2007		S	6,400 D	\$ 31.07 2,461,900	I	By Corporation
Common Stock	05/22/2007		S	2,900 D	\$ 31.08 2,459,000	I	By Corporation
Common Stock	05/22/2007		S	1,700 D	\$ 31.09 2,457,300	I	By Corporation

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Common Stock	05/22/2007		S	2,600	D	\$ 31.1	2,454,700	I	By Corporation
Common Stock	05/22/2007		S	4,300	D	\$ 31.11	2,450,400	I	By Corporation
Common Stock	05/22/2007		S	1,200	D	\$ 31.12	2,449,200	I	By Corporation
Common Stock	05/22/2007		S	800	D	\$ 31.13	2,448,400	I	By Corporation
Common Stock	05/22/2007		S	300	D	\$ 31.14	2,448,100	I	By Corporation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	\$ 0					(1)	(1)	Common Stock	24,830.538
Stock Option	\$ 9.6112					05/12/2000	05/13/2010	Common Stock	5,062
Stock Option	\$ 10.2593					06/03/1998	06/04/2008	Common Stock	5,062
Stock Option	\$ 10.3612					06/03/1999	06/04/2009	Common Stock	5,062
Stock Option	\$ 13.0289					05/16/2002	05/16/2012	Common Stock	6,750
Stock Option	\$ 17.1334					05/17/2001	05/17/2011	Common Stock	6,750

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
EVERIST THOMAS S MDU RESOURCES GROUP, INC. P. O. BOX 5650 BISMARCK, ND 58506-5650	X			

Signatures

Debra S. Anderson, Power of Attorney	05/23/2007
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units are to be settled in cash after reporting person's retirement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.