KAMAN CORP Form 144 November 21, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale directly with a market maker.

airecity with a market maker.						
1 (a) NAME OF ISSUER (Please i	type or print)					(b) I.R.S. IDENT. N
Kaman Corporation						06-0613548
1 (d) ADDRESS OF ISSUER	STREET	CITY	STATE	ZIP CC	DDE	
1332 Blue Hills Avenue, Bloomfie	ld, CT 06002					
2 (a) PERSON FOR WHOSE ACC ARE TO BE SOLD	COUNT THE SE	ECURITIES	(b) I.R.S. IDE		TO ISSUER	(M) ADDRESS STR CODE
Robert H. Saunders, Jr.					Executive Officer	837 Neipsic Road,

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number

3(a)	(b)	SEC USE	(c)	(d)	(e)	<i>(f)</i>	(g)
Title of the	Name and	ONLY	Number of shares	Aggregate	Number of Shares	Approximate	Name of
Class of	Address of		or Other Units	Market	or Other Units	Date of Sale	Each
Securities	Each Broker		To Be Sold	Value	Outstanding	$(See\ instr.3(f))$	Securities
To Be Sold	Through		$(See\ instr.3(c))$	(See	$(See\ instr.3(e))$	(MO. DAY YR.)	Exchange
	Whom the			instr.3(d))			(See
	Securities are	D 1 D 1					instr.3(g))
	to be Offered	Broker-Dealer					
	to Each	File Number					
	Market						
	Maker who is						
	Acquiring the						
	Securities						
Common			9,000	209,250	24.08M	11/22/06	NASDAQ

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Charles Schwab &				
Co.				
101				
Montgomery				
Street				
San				
Francisco,				
CA 94104				

INSTRUCTIONS:

- 1. (a) Name of issuer. 3. Title of the class of securities to (a) be sold. (b) Issuer's IRS Identification Number. (b) Name and address of each broker through whom the securities are intended to be sold. (c) Issuer's SEC file number, if any. Number of shares or other units to (c) be sold (if debt securities, give the aggregate face amount). Aggregate market value of the (d) Issuer's address, including zip code. (d) securities to be sold as of a specified date within 10 days prior to the filing Number of shares or other units of (e) Issuer's telephone number, including area code. (e) the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer. Approximate date on which the 2. (a) Name of person for whose account the (f) securities are to be sold. securities are to be sold. (b) Such person's or I.R.S. Identification number, Name of each securities
 - (c) Such person's relationship to the issuer (e.g., officer, director, 10 percent stockholder, or member of immediate family of any of the foregoing).

if such a person is an entity.

(d) Such person's address, including zip code.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

exchange, if any, on which the securities are intended to be sold.

(g)

TABLE I--SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the Payment of all or any part of the purchase price or other consideration therefor:

Title of	Date You	Nature of	Name of Person	Amount	Date of	Nature of
the Class	Acquired	Acquisition	From Whom	of	Payment	Payment

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	Transaction	Acquired (If Gift, Also Give Date Donor Acquired)	Securities Acquired		
Common		Kaman Corporation	9,000	2/10/99 - 2/24/04	Awards

INSTRUCTIONS: If the securities were purchased and full payment therefore was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II--SECURITIES SOLD DURING THE PAST THREE MONTHS

Furnish The Following Information as to All Securities of The Issuer Sold During The Past Three Months By The Person For Whose Account The Securities Are To Be Sold.

Name and Address of Seller	Title of Sec to be sold	Date of Sale	Amount of Securities sold	Gross Proceeds
N/A	N/A	N/A	N/A	N/A

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

11/21/06

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed.

/s/ Robert H. Saunders, Jr.

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DATE OF NOTICE

(SIGNATURE)

The notice shall be signed by the persons for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: INTENTIONAL MISSTATEMENTS OR OMISSION OF FACTS CONSTITUTE FEDERAL CRIMINAL VIOLATIONS (SEE 18 U.S.C. 1001).