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FOREST L. Form 4 March 15, 2	ABORATORIES 2006	INC									
OMB APPROVAL									PPROVAL		
UNITED STATES SECURITIES AND EXCHANGE Washington, D.C. 20549						NGE CU	JMM15510N	OMB Number:	3235-0287		
Check the									Expires:	January 31,	
if no lor subject Section Form 4	to SIAIE 16.	5. SECURITIES								2005 average irs per 0.5	
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 5 obligations may continue. See Instruction Form 5 obligations Mage Continue. See Instruction Form 5 See Instruction See Ins											
(Print or Type	Responses)										
1. Name and A					0	5. Relationship of Reporting Person(s) to Issuer					
	FOREST LABORATORIES INC [FRX]					(Check all applicable)					
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)				-	_X_Director10% Owner Officer (give titleOther (specify)			
C/O FOREST 03/15/2006 below) below) LABORATORIES, 909 THIRD AVENUE											
			Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line)			
NEW YOR	_X_Form filed by One Reporting Person Form filed by More than One Reporting Person										
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secur	ities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			n Date, if	(A)				Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	03/15/2006			М	10,000	А	\$ 7.6875	10,000	D		
Common Stock	03/15/2006			S	7,000	D	\$ 45.35	3,000	D		
Common Stock	03/15/2006			S	3,000	D	\$ 45.55	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 7.6875	03/15/2006	М		10,000	08/20/1998	02/20/2008	Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
SALANS LESTER B C/O FOREST LABORATORIES 909 THIRD AVENUE NEW YORK, NY 10022	Х					
Signatures						

Lester B Salans M.D. **Signature of Reporting Person
03/15/2006
Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The reporting person beneficially owns 75,000 shares which includes options to purchase 75,000 shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.