

RYANAIR HOLDINGS PLC  
Form 6-K  
May 31, 2018

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of May 2018

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_

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### Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

[This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)]

#### 1 Details of the person discharging managerial responsibilities/person closely associated

a) Name Michael O'Leary

#### 2 Reason for the notification

a) Position/status CEO/Director

initial notification

#### b) Initial Notification Amendment

#### 3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor

a) Name Ryanair Holdings Plc

635400BR2ROC1FVEBQ56

#### b) LEI

#### 4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted

a) Description of the financial instrument, type of instrument Ordinary Shares of nominal value €0.006 each

Identification code

ISIN: IE00BYTBXV33

1. Disposal of Ordinary Shares

#### b) Nature of the transaction

#### c) Price(s) and volume(s)

Price(s)	Volume(s)
1. €16.49	2,000,000

Aggregated information

#### d) - Aggregated volume

NOT APPLICABLE - SINGLE TRANSACTION

- Price

#### e) Date of the transaction

2018-05-30

#### f) Place of the transaction

Dublin, Ireland

n/a

#### g) Additional Information

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 31 May, 2018

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary