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GP STRATEGIES CORP

Form 4

September 12, 2014

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

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January 31, 2005

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock (1) Common

Stock

09/10/2014

(Print or Type Responses)

(Print or Type I	Responses)								
1. Name and A Nasal Josep	Address of Reporting F h R.	Symbol	2. Issuer Name and Ticker or Trading Symbol GP STRATEGIES CORP [GPX] 3. Date of Earliest Transaction (Month/Day/Year) 09/10/2014			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) GP STRAT CORPORA NORTHPO 100	EGIES	(Month/I 09/10/2				Director 10% Owner Officer (give title Other (specify below) Senior Vice President			
			ndment, Date C	Original		6. Individual or Joint/Group Filing(Check Applicable Line)			
AMHERST	, NY 14228					_X_ Form filed by O Form filed by M Person	One Reporting Pe More than One Re		
(City)	(State) (Zip) Tabl	e I - Non-Deri	vative Securi	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction(A Code (Ir (Instr. 8)	Securities Ac a) or Disposed str. 3, 4 and 3 (A) or mount (D)	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock (1)	09/10/2014		M 4,	500 A	\$ 7.27	13,476	D		

2.411 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

11,065

10,819

D

Ι

GP 401(k)

Plan (2)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amc Underlying Secu (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Ar or Nu of Sh
Stock Appreciation Right (3)	\$ 7.27	09/10/2014		A	4,500		09/10/2014	09/10/2014	Common Stock	4
Stock Appreciation Right	\$ 7.27	09/10/2014		M		4,500	09/10/2014	09/10/2014	Common Stock	4

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Nasal Joseph R. GP STRATEGIES CORPORATION 25 NORTHPOINTE PKWY, SUITE 100 AMHERST, NY 14228

Senior Vice President

Signatures

Joseph R. Nasal 09/12/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects exercise for stock of stock appreciation right with respect to previously reported stock options.
- (2) Shares held in GP 401(k) Retirement Savings Plan.
- (3) The stock appreciation right is granted with respect to previously reported stock options and may be exercised for stock. The exercise of the stock appreciation right results in the expiration of the related stock options.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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