TELEDYNE TECHNOLOGIES INC

Form 4

November 26, 2012

FORM 4

OMB APPROVAL

OMB 3235-0287 Number: January 31,

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5. Relationship of Reporting Person(s) to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box

if no longer subject to Section 16. Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

PICHELLI ALDO			Symbol TELEDYNE TECHNOLOGIES INC [TDY]				ES INC	Issuer (Check all applicable)		
(Last) (First) (Middle) 1049 CAMINO DOS RIOS			3. Date of Earliest Transaction (Month/Day/Year) 11/21/2012					Director 10% Owner Officer (give title Other (specify below) Segment President & COO		
THOUGAN		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
	D OAKS, CA							Person		
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own									ly Owned	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Execution	emed on Date, if /Day/Year)	Code (Instr. 8)	(A) or		d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	11/21/2012			Code V M	Amount 431	(D)	Price \$ 26.99	52,073.627	D	
Common Stock	11/21/2012			M	1,534	A	\$ 19.27	53,607.627	D	
Common Stock	11/21/2012			S	301	D	\$ 62.6	53,306.627	D	
Common Stock	11/21/2012			S	969	D	\$ 62.6	52,337.627	D	
Common Stock	11/23/2012			M	8,569	A	\$ 26.99	60,906.627	D	

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Common Stock	11/23/2012	M	8,466	A	\$ 19.27	69,372.627	D
Common Stock	11/23/2012	S	5,975	D	\$ 62.6	63,397.627	D
Common Stock	11/23/2012	S	5,346	D	\$ 62.6	58,051.627 (1)	D (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number op Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	f Derivative Expiration Date ecurities (Month/Day/Year) cquired A) or bisposed of D) nstr. 3, 4,		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Stock Option (right to buy)	\$ 26.99	11/21/2012		M	431	01/25/2006	01/25/2015	Common Stock	431
Stock Option (right-to-buy)	\$ 19.27	11/21/2012		M	1,534	01/27/2005	01/27/2014	Common Stock	1,53
Stock Option (right to buy)	\$ 26.99	11/23/2012		M	8,569	01/25/2006	01/25/2015	Common Stock	8,56
Stock Option (right-to-buy)	\$ 19.27	11/23/2012		M	8,466	01/27/2005	01/27/2014	Common Stock	8,46

Reporting Owners

Reporting Owner Name / Address				•	
	Director	10% Owner	Officer		Other
PICHELLI ALDO					

1049 CAMINO DOS RIOS Segment President & COO THOUSAND OAKS, CA 91360

Reporting Owners 2

Relationships

Signatures

Aldo Pichelli 11/26/2012

**Signature of Date
Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Technologies 401(k) Plan based on information received as of January 24, 2012.

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

At the completion of the reported transactions (exercise of stock options and sale of shares sufficient to cover aggregate exercise price and tax withholdings) Reporting Person holds 17,599.627 shares directly and 40,452 shares held indirectly by the Pichelli Living Trust.

Shares held directly Include 518.0310 shares purchased under the Employee Stock Purchase Plan and 883.596 shares held in the Teledyne

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3