Wagner Richard Form 4 February 11, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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0.5

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if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

Wasan Dishand		2. Issuer Name and Ticker or Trading Symbol						5. Relationship of Reporting Person(s) to Issuer					
			INSTEEL INDUSTRIES INC [IIIN]						(Check all applicable)				
(Last)	(First) (M	Middle) 3.	3. Date of Earliest Transaction					(Check an applicable)					
· ·			(Month/Day/Year) 02/10/2009						Director 10% Owner _X_ Officer (give title Other (specify below) Vice President				
(Street) 4. If An				nendment, Date Original					6. Individual or Joint/Group Filing(Check				
	Fi	Filed(Month/Day/Year)						Applicable Line) _X_ Form filed by One Reporting Person					
MOUNT AIRY, NC 27030									Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table	I - Nor	n-D	erivative :	Secur	ities A	cquired, Disposed	of, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	Code (Instr. 8		4. Securion Acquired Disposed (Instr. 3,	(A) of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock (1)	02/10/2009			A		9,106	A	\$0	14,254	D			
Common Stock									21,846.4882	I	Restricted		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction of Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Incentive Stock Option (right to buy)	\$ 7.55	02/10/2009		A	V	6,342		(2)	02/10/2019	Common Stock	6,34
Non-Qualified Stock Option (right to buy)	\$ 7.55	02/10/2009		A	V	8,604		(2)	02/10/2019	Common Stock	8,60
Incentive Stock Option (right to buy)	\$ 6.89							(2)	07/26/2015	Common Stock	3,43
Incentive Stock Option (right to buy)	\$ 9.12							(2)	03/04/2015	Common Stock	5,30
Incentive Stock Option (right to buy)	\$ 11.15							(2)	02/19/2018	Common Stock	13,19
Incentive Stock Option (right to buy)	\$ 15.64							(2)	02/14/2016	Common Stock	4,08
Incentive Stock Option (right to buy)	\$ 16.69							(2)	08/19/2018	Common Stock	2,43
Incentive Stock Option (right to buy)	\$ 17.11							(2)	02/13/2017	Common Stock	5,77
Incentive Stock Option (right to buy)	\$ 20.26							(2)	08/14/2016	Common Stock	2,84
Incentive Stock Option (right to buy)	\$ 20.27							(2)	08/13/2017	Common Stock	2,89
Non-Qualified	\$ 16.69							(2)	08/19/2018	Common	4,87

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Stock Option (right to buy)				Stock	
Non-Qualified Stock Option (right to buy)	\$ 17.11	(2)	02/13/2017	Common Stock	824
Non-Qualified Stock Option (right to buy)	\$ 20.27	(2)	08/13/2017	Common Stock	2,54

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Wagner Richard

1373 BOGGS DRIVE Vice President

MOUNT AIRY, NC 27030

Signatures

By: James F. Petelle For: Richard 02/11/2009

Wagner

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Units
- (2) options vest 1/3 annually beginning 1 year from grant date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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