ARC Group Worldwide, Inc.

Form 4

November 26, 2013

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Deinard Theodore

(Last)

2. Issuer Name and Ticker or Trading Symbol

ARC Group Worldwide, Inc.

[ARCW]

(First) (Middle)

740 COUNTY ROAD 20

(Street)

3. Date of Earliest Transaction (Month/Day/Year)

11/21/2013

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director _X__ 10% Owner X_ Officer (give title __ Other (specify below)

CEO ARC Wireless

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

LONGMONT, CO 80504

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secui	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	11/21/2013		P	500	A	\$ 19	1,469	D	
Common Stock	11/22/2013		P	100	A	\$ 19	1,569	D	
Common Stock	11/22/2013		P	100	A	\$ 16.71	1,669	D	
Common Stock	11/22/2013		P	200	A	\$ 16.71	1,869	D	
Common Stock	11/22/2013		P	200	A	\$ 16.71	2,069	D	

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Common Stock	11/22/2013	P	100	A	\$ 16.71	2,169	I)
Common Stock	11/22/2013	P	100	A	\$ 16.71	2,269	Ι)
Common Stock	11/22/2013	P	100	A	\$ 16.71	2,369	I)
Common Stock	11/22/2013	P	200	A	\$ 16.71	2,569	Ι)
Common Stock	11/22/2013	P	100	A	\$ 16.6	2,669	Ι)
Common Stock	11/22/2013	P	100	A	\$ 16.5	2,769	I)
Common Stock	11/22/2013	P	100	A	\$ 16	2,869	Ι)
Common Stock	11/25/2013	P	100	A	\$ 18.9	2,969	Ι)
Common Stock	11/25/2013	P	300	A	\$ 18.9	3,269	Ι)
Common Stock	11/25/2013	P	100	A	\$ 18.898	3,369	Ι)
Common Stock	11/25/2013	P	100	A	\$ 18.885	3,469	Ι)
Common Stock	11/25/2013	P	400	A	\$ 18.9	3,869	I)
Common Stock	11/25/2013	P	700	A	\$ 18.3	4,569	Ι)
Common Stock	11/25/2013	P	100	A	\$ 18.25	4,669	Ι)
Common Stock	11/25/2013	P	200	A	\$ 18.3	4,869	Ι)
Common Stock	11/25/2013	P	100	A	\$ 18	4,969	Ι)
Common Stock	11/25/2013	P	900	A	\$ 18	5,869	Ι)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

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	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transact Code (Instr. 8)	orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	:		Amou Under Securi (Instr.	lying	Derivative Security (Instr. 5)	Deriv Secur Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships								
Toporting of the France, Francess	Director	10% Owner	Officer	Other					
Deinard Theodore 740 COUNTY ROAD 20 LONGMONT, CO 80504		X	CEO ARC Wireless						

Signatures

/s/ Ted Deinard 11/26/2013

**Signature of Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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