Rinberg Richard Form 4 July 05, 2012

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005

n 16. SECURITIES

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

the Instruction (b)

1(b).

Value \$0.01

Common

Stock, Par Value

(Print or Type Responses)

1. Name and Address of Reporting Person ** Rinberg Richard			suer Name and Ticker or Trading ol NOIL & GAS INC [ZN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	Middle) 3. Date	e of Earliest Transaction	(Check all applicable)			
(Mo			h/Day/Year) 2/2012	X Director 10% Owner X Officer (give title Other (specify below) Chief Executive Officer			
	(Street)	4. If A	amendment, Date Original	6. Individual or Joint/Group Filing(Check			
RA'ANAN	A, L3 43210		Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip) T	able I - Non-Derivative Securities A	cquired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code (Instr. 3, 4 and 5)	O) Securities Ownership Indirect Beneficially Form: Direct Beneficial Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) Transaction(s) (Instr. 3 and 4)			
Common Stock, Par Value \$0.01	07/02/2012		M 10,000 A 0.0	By ESOP Trust			
Common Stock, Par				51 833 D			

51,833

10,000

D

I

By Spouse

\$0.01

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock Option	\$ 0.01	07/02/2012		M	10,000	(3)	12/03/2017	Common Stock, Par Value \$0.01	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships
reporting owner rame, mares	

Director 10% Owner Officer Other

Rinberg Richard

55 AHAD HA'AM X Chief Executive Officer

RA'ANANA, L3 43210

Signatures

Brittany Russell AIF for Richard
Rinberg
07/05/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired upon the exercise of stock options at a per share price of \$0.01.
- (2) Comprised of (i) 380,000 shares of common stock and (ii) vested options for an additional 210,000 shares of common stock.
- (3) These options were granted and vested over a period of six months from January 2012 to June 2012.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.