NEWFIELD EXPLORATION CO /DE/

Form 4

August 17, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Packer Gary D

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

below)

NEWFIELD EXPLORATION CO /DE/ [NFX]

(Check all applicable)

(First) (Last) (Middle) 3. Date of Earliest Transaction

Director 10% Owner Officer (give title Other (specify

4 WATERWAY SQUARE PLACE, SUITE 100

EVP and COO

(Street)

4. If Amendment, Date Original

Applicable Line)

Filed(Month/Day/Year)

(Month/Day/Year)

08/15/2016

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

THE WOODLANDS, TX 77380

(City)	(State)	(Zip) Tab	le I - Non-	Derivative	Secui	ities Acqui	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit DID Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
common stock			Co uc v	Timount	(D)	THE	7,500	I	By Family Trust
common stock	08/15/2016		M	5,625 (1)	A	\$ 0	274,401	D	
common stock	08/15/2016		M	7,196 (1)	A	\$ 0	281,597	D	
common stock	08/15/2016		M	9,015 (1)	A	\$ 0	290,612	D	
common stock	08/15/2016		D	21,836 (2)	D	\$ 47.085	268,776	D	

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common stock 08/15/2016 F 18,322 D \$ 250,454 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number tion Derivative Securities) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Unit	\$ 0 (1)	08/15/2016		M		5,625	08/15/2014	02/01/2017	common stock	5,625
Phantom Stock Unit	\$ 0 (1)	08/15/2016		M		7,196	08/15/2015	02/15/2018	common stock	7,196
Phantom Stock Unit	\$ 0 (1)	08/15/2016		M		9,015	08/15/2016	02/15/2019	common stock	9,015

Reporting Owners

	Reporting Owner Name / Address			Relationships							
			Director	10% Owner	Officer	Other					
_		~									

Packer Gary D

4 WATERWAY SQUARE PLACE

SUITE 100

EVP and COO

THE WOODLANDS, TX 77380

Signatures

/s/ Timothy D. Yang as attorney-in-fact for Gary D.

Packer 08/17/2016

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**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each cash-settled restricted stock unit subject to this award is the economic equivalent of one share of the issuer's common stock and may be settled solely in cash.
- (2) Transaction reflects the conversion of cash-settled restricted stock units into cash.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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