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NEWFIELD EXPLORATION CO /DE/

Form 4

September 11, 2013

FORM	Ī					PPROVAL					
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						3235-0287					
Check thi			G		Expires:	January 31, 2005					
if no long subject to Section 1 Form 4 or	6. SIAIE M	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
Form 5 obligation may continue <i>See</i> Instruction 1(b).	Section 17(a	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type R	Responses)										
1. Name and A Howard Dar	ddress of Reporting l	Symbol	er Name and Ticker or Tradin	Issuer	5. Relationship of Reporting Person(s) to Issuer						
		/DE/ []		(Chec	(Check all applicable)						
(Last)	(First) (M		of Earliest Transaction Day/Year)	Director Officer (give	titleOth	% Owner ner (specify					
4 WATERW SUITE 100	VAY SQUARE P			below) V.PF	below) Rocky Mountai	ins					
THE WOOI	(Street) DLANDS, TX 77	Filed(Me	endment, Date Original onth/Day/Year)	Applicable Line) _X_ Form filed by (_X_ Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(State)	(Zip) Tal	ole I - Non-Derivative Securi		f, or Beneficia	lly Owned					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year	Code Disposed of (D)	Securities Beneficially Owned	6. Ownership 7. Nature of Form: Direct Indirect Beneficial ownership Instr. 4) (Instr. 4)						
common stock			Code V Amount (D)	Price	I	By 401k					
common stock (1)				76,989	D						
common stock				110	I	By IRA					
common stock				100	I	By Roth IRA					
common stock				1,000	I	By Rollover					

IRA

(9-02)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 2. Derivative Conversion or Exercise (Instr. 3) Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed o (D) (Instr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	and 5) (A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	09/09/2013		M	20,000	08/15/2014	08/15/2016	common	20,000

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

Howard Daryll T 4 WATERWAY SQUARE PLACE, SUITE 100 THE WOODLANDS, TX 77380

V.P.-Rocky Mountains

Signatures

/S/ John D. Marziotti as attorney-in-fact for Daryll T. Howard

09/11/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes 500 shares of common stock acquired by the reporting person on June 30, 2013 pursuant to the Newfield Exploration Company **(1)** Employee Stock Purchase Plan.
- (2) The shares subject to this award will vest in three equal installments on August 15, 2014, 2015 and 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2