J2 GLOBAL, INC. Form 4 March 07, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

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Person

January 31, 2005

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Adelman Jeffrey Daniel Issuer Symbol J2 GLOBAL, INC. [JCOM] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner Officer (give title _ Other (specify 6922 HOLLYWOOD BLVD.,, 5TH 03/05/2014 below) **FLOOR** VP/General Counsel (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

LOS ANGELES, CA 90028

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock \$0.01 Par Value	03/05/2014		F(1)	4,792	D	\$ 51.51	28,248	D		
Common Stock \$0.01 Par Value	03/06/2014		M(2)	8,600	A	\$ 17.19	36,848	D		
Common Stock \$0.01 Par Value	03/06/2014		S	8,600	D	\$ 51.5	28,248	D		

Common

Stock \$0.01 Par

03/06/2014

S 8,108 D

\$ 51.5 20,140

D

Value

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 $(\emph{e.g.}, \text{puts}, \text{calls}, \text{warrants}, \text{options}, \text{convertible securities})$

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	Execution Date, if any	4. 5. Number Transaction Derivation Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options to Purchase Common Stock	\$ 17.19	03/06/2014		M	8,600	<u>(3)</u>	03/05/2019	Common Stock \$0.01 Par Value	8,600

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Adelman Jeffrey Daniel 6922 HOLLYWOOD BLVD., 5TH FLOOR LOS ANGELES, CA 90028

VP/General Counsel

Signatures

/s/ Jeffrey D. 03/07/2014 Adelman

**Signature of Date

Reporting Person

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Payment for a tax liability by withholding securities incident to vesting of a certain restricted stock award under the Issuer's 2007 Stock Plan issued in accordance with Rule 16b-3 and exempt from short swing profits.
- (2) These shares were acquired upon exercise of stock options issued under the Issuer's 2007 Stock Plan identified as exercised in Part II of this Form 4.
- (3) These stock options vested in five (5) equal annual installments commencing on March 5, 2010.
- (4) Stock options granted for services rendered; no value placed on services rendered.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.