MCMULLEN W RODNEY

Form 4 April 26, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

5 Relationship of Reporting Person(s) to

3235-0287

January 31, Expires: 2005

OMB APPROVAL

Estimated average burden hours per response... 0.5

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1 Name and Address of Reporting Person *

MCMULL	2. Issuer Name and Ticker or Trading Symbol KROGER CO [KR]					ng	Issuer (Check all applicable)				
(Last) (First) (Middle) THE KROGER CO., 1014 VINE			3. Date of Earliest Transaction (Month/Day/Year) 04/24/2019						X Director X Officer (give title below)	10% (Owner (specify
STREET	4 IV.4						Chairman of the Board & CEO				
	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
CINCINN							Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Ta	ble I - N	lon	-Derivative	Secur	ities Acq	uired, Disposed of, or	Beneficially	Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Da	Date, if	3. Transa Code (Instr.)	8)	4. Securities over Disposed (Instr. 3, 4 a	l of (D		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	04/24/2019			M		130,000	A	\$ 11.17	2,918,826.1081	D	
Common Stock	04/24/2019			F		88,121	D	\$ 25.6	2,830,705.1081 (1)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2. 3. Transaction Date 3A. De		3A. Deemed	4.	5. Number of	6. Date Exercisable and		Title and Amou	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative		Expiration Date		Underlying Secur	
Security	or Exercise		any	Code Securities		(Month/Day/Year)		(Instr. 3 and 4)	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A) or				
	Derivative				Disposed of (D)				
	Security				(Instr. 3, 4, and				
					5)				
						Date Exercisable	Expiration	Title	Am Nu
				Code V	(A) (D)	Exercisable	Date	S	Sha
Non-Qualified Stock Option	\$ 11.17	04/24/2019		M	130,000	(2)	06/25/2019	Common Stock	13

Reporting Owners

Reporting Owner Name / Address Relationships

X

Director 10% Owner Officer Other

MCMULLEN W RODNEY THE KROGER CO. 1014 VINE STREET CINCINNATI, OH 45202

Chairman of the Board & CEO

Signatures

/s/ W. Rodney McMullen, by Stacey M. Heiser, Attorney-in-Fact

04/26/2019

Date

**Signature of Reporting Person

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Between January 1, 2019 and March 31, 2019, the reporting person acquired 931.1560 shares of Kroger common stock in the Company's employee benefit plans, based on information from plan trustees. The total amount of securities directly owned by the reporting person includes shares in the Company's employee benefit plans that are deemed to be "tax-conditioned plans" pursuant to Rule 16b-3, to the extent disclosed on reports received from plan trustees.
- (2) These options were granted under a long-term incentive plan of The Kroger Co. and vested in equal annual installments over a five-year period, at the rate of 20% per year commencing one year from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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