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Telesmanic F Form 4 March 05, 20											
FORM	4					~			OMB AF	PPROVAL	
	S SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMB Number:	3235-0287			
Check thi if no long subject to Section 1 Form 4 or	Ger STAT									January 31, 2005 d average burs per	
Form 5 obligation may cont <i>See</i> Instru 1(b).	Filed J	7(a) of the	Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940						response	0.5	
(Print or Type F	Responses)										
Telesmanic Robert S			Symbol	•				5. Relationship of Reporting Person(s) to Issuer			
			COGNIZANT TECHNOLOGY SOLUTIONS CORP [CTSH]					(Check all applicable)			
(Month/D				nte of Earliest Transaction nth/Day/Year) 01/2019				Director 10% Owner X Officer (give title Other (specify below) below) SVP, Cont. & Chief Acct. Offc.			
	S CORP., 500		0010112					SVP, Cont.	& Chiel Acci.	One.	
				endment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
(City)	(State)	(Zip)						Person			
	````						-	uired, Disposed of		•	
1.Title of Security (Instr. 3)	(Month/Day/Year) Execution Date, i		on Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Class A Common Stock	03/01/2019			Code V M	Amount 155 <u>(1)</u>	(D) A	Price (2)	10,439	D		
Class A Common Stock	03/01/2019			F	76 <u>(3)</u>	D	\$ 72.13	10,363	D		
Class A Common Stock								800	I	By Parent's Estate (4)	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Date

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Derivative	6. Date Exercisable and Expiration Date (Month/Day/Year)		(Instr. 3 and 4)		8. Price Derival Securit (Instr. 1
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	(2)	03/01/2019		М	155	(5)	(5)	Class A Common Stock	155	\$ C

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Telesmanic Robert C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD. TEANECK, NJ 07666			SVP, Cont. & Chief Acct. Offc.			
Signatures						
/s/ Harry Demas, on behalf of Robert Telesmanic, by Por	wer of		03/05/2019			

## **Signature of Reporting Person

### **Explanation of Responses:**

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of Class A Common Stock of Cognizant Technology Solutions Corporation (the "Company") received from vesting 1/12th of the restricted stock unit award granted on May 15, 2017.
- (2) Each restricted stock unit represents a contingent right to receive one share of the Company's Class A Common Stock.

Attorney

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- (3) Represents the portion of shares of Class A Common Stock that the Company determined to settle in cash to pay applicable tax withholding.
- (4) The reporting person has been the Appointed Fiduciary of the estate since May 2015. Except to the extent of his pecuniary interest, the reporting person disclaims beneficial ownership of the securities held by the estate.

The restricted stock units were granted on May 15, 2017 under the Cognizant Technology Solutions Corporation 2009 Incentive

(5) Compensation Plan and vest in quarterly installments over three years, commencing on September 1, 2017, with 1/12th of the stock units vesting on each quarterly vesting date so that the stock units will be fully vested on the twelfth quarterly vesting date. The stock units will be fully vested on June 1, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.