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Boston Wall	lace E. Jr.											
Form 4	1											
July 19, 201	ΠΛ	ot a teo a	SECU							PROVAL		
UNITED STATES SECURITIES AND EXCHANGE Washington, D.C. 20549							DMM15510N	OMB Number:	3235-0287			
Check this box if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to Section 1				IGES IN SECUI	BENEF	FICL	AL OWN		Expires: Estimated a burden hour response			
obligatio may con <i>See</i> Instr 1(b).	tinue. Section 17(a) of the P	ublic U	tility Hol	lding Co	mpar	•	935 or Section	L			
(Print or Type	Responses)											
Boston Wallace E. Jr. Symbol AMER							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 111 WEST					/Day/Year)				_X_ Director10% Owner _X_ Officer (give titleOther (specify below) below) President and CEO			
CHARLES	(Street) TOWN, WV 254]		endment, D nth/Day/Yea	-	al		5. Individual or Joi Applicable Line) X_ Form filed by O Form filed by M	ne Reporting Per	rson		
(City)	(State)	(Zip)	Tab	la I. Nan I	Douisofic	See		Person	or Donoficial	w Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	· •	d Date, if	3. Transactic Code (Instr. 8)	4. Securi	ties A sed of 4 and (A) or	cquired (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock, par value \$.01	06/15/2011			S	5,000 (1)	D	\$ 40.9612 (2)	267,352	D			
Common Stock, par value \$.01	07/15/2011			S	5,000 (1)	D	\$ 47.3109 (3)	262,352	D			
Common Stock, par value \$.01								22,814	I	By the Boston Family LLC (4)		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	-				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						DateExpirationExercisableDate	Expiration		or		
								Number			
									of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting o wher runner runness	Director	10% Owner	Officer	Other			
Boston Wallace E. Jr. 111 WEST CONGRESS STREET CHARLES TOWN, WV 25414	Х		President and CEO				
Signatures							
/s/ Harry T. Wilkins, Attorney-in-Fact	0	7/19/2011					
<u>**</u>Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on March 2, 2011.

The price of \$40.9612 per share represents a weighted average of sales prices ranging from \$40.04 to \$41.92 per share. The reporting
 (2) person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares purchased or sold at each separate price.

The price of \$47.3109 per share represents a weighted average of sales prices ranging from \$46.67 to \$47.88 per share. The reporting(3) person undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares purchased or sold at each separate price.

(4)

The reporting person is the managing member of The Boston Family LLC, which is 98% owned by trusts for the benefit of the reporting person's family members. The reporting person has voting and dispositive power over the shares and disclaims beneficial ownership of the shares except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.