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Form 4 January 27,	2											
FORM										OMB /	APPROVA	۹L
	UNITED	STATES						COMMISSIC	0.	MB	3235	-0287
Check the			VV a	asningto	on, D.C. 1	20343	9			umber:	Janua	ry 31,
if no longer subject to Section 16. Form 4 or Form 5 obligations Filed pursuant to S Section 17(a) of the l			ection	SECU 16(a) of	J RITIES the Secu	5 rities	Exchan	ge Act of 1934	OF Estimated average burden hours per response 34,		2005 0.5	
may cor <i>See</i> Inst 1(b).	ruction			•	nt Comp	-	•					
(Print or Type	Responses)											
1. Name and Wilkins Ha	Address of Reporting urry T		Symbol AMEF	RICAN F			ding	5. Relationship Issuer (Cl	-	orting Pe applicab		
(Lost)	(First) (INC [AI	1		Director		10	0% Owner	
(Last) (First) (Middle) 111 W. CONGRESS STREET			3. Date of Earliest Transaction (Month/Day/Year) 01/25/2011					Officer (give title Other (specify below) below) EVP, Chief Financial Officer				
CHARLES	(Street) TOWN, WV 254			nendment, onth/Day/Y	Date Origi ear)	nal		6. Individual o Applicable Line; _X_ Form filed l Form filed b Person) 5y One R	Reporting	Person	
(City)	(State)	(Zip)	Та	bla I Nor	Donivoti	vo Soo	unition A		lof on	Donofici	ally Owno	d
1.Title of	2. Transaction Date			3.	4. Secur			cquired, Disposed	6.		. Nature of	
Security (Instr. 3)		Execution I any (Month/Day	Date, if	Transact Code (Instr. 8)	ion(A) or D (Instr. 3	(A) or	ed of (D)	S. Anothe of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Owner Form: Direct or Indi (I) (Instr.	ship II B (D) C frect (1	Indirect Beneficial Ownership Instr. 4)	
Common Stock, par value \$.01	01/25/2011			S <u>(1)</u>	1,000	D	\$ 35.35 (2)	34,111.5	Ι	A	By Wilkir Asset Aanagem nc. <u>(3)</u>	
Common Stock, par value \$.01								91,161	D			
Common Stock, par value \$.01								350	I	E	By son (4)	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	int of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities	3		(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	Number		
				~	(1) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Wilkins Harry T 111 W. CONGRESS STREET CHARLES TOWN, WV 25414			EVP, Chief Financial Officer					
Signatures								
/s/ Harry T								

Wilkins	01/27/2011
<u>**</u> Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 Sales Plan adopted by the reporting person on March 19, 2009, as amended on September 7, 2010.

The price of \$35.35 per share represents a weighted average of sales prices ranging from \$35.14 to \$35.39 per share. The reporting person (2) undertakes to provide upon request by the Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares purchased or sold at each separate price.

The reporting person disclaims beneficial ownership, except to the extent of his pecuniary benefit, of the securities owned by Wilkins(3) Asset Management, Inc., and this report shall not be deemed an admission that the reporting person is the beneficial owner of the securities for purposes of Section 16 or for any other purpose.

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(4) The reporting person disclaims beneficial ownership of the shares held by his son, and this report should not be deemed an admission that the reporting person is the beneficial owner of his son's shares for purposes of Section 16 or for any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.