KROGER CO Form 4 October 01, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * LAMACCHIA JOHN T			2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer				
(Lest)	(Finat)	(Middle)	KROGER CO [KR]				(Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			** 5	400				
			(Month/Day/Year)				_X_ Director Officer (give		6 Owner er (specify		
C/O THE KROGER CO.,, 1014 VINE STREET			09/30/2010				below)	below)	er (specify		
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
			Filed(Month/Day/Year)				Applicable Line)				
				Thed(Montal Bay) Teal)				_X_ Form filed by One Reporting Person			
CINCINNATI, OH 45202							Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securitie	es Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of	2. Transaction D	ate 2A. De	emed	3.	4. Securi	ties		5. Amount of	6. Ownership	7. Nature of	
Security (Month/Day/Year) Execution		on Date, if TransactionAcquired (A) or				Securities	Indirect				
(Instr. 3)		any		Code	Disposed of (D)		Beneficially	Beneficial			
		(Month	/Day/Year)	(Instr. 8)	(Instr. 3,	4 and 5))	Owned	Indirect (I)	Ownership	
				Code V	Amount	(A) or (D) I	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock								57,600	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	\$ 0 (1)	09/30/2010		A	347.9722		(2)	(2)	Common Stock	347.9722

Reporting Owners

Reporting Owner Name / Address	Relationships							
•	Director	10% Owner	Officer	Other				
LAMACCHIA JOHN T								
C/O THE KROGER CO.,	X							
1014 VINE STREET	Λ							
CINCINNATI, OH 45202								

Signatures

/s/ John T. LaMacchia, by Bruce M. Gack, Attorney-in-Fact

**Signature of Reporting Person Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each phantom share represents the right to receive in cash the value of one share of common stock upon distribution from the deferred compensation account.

Date

(2) Shares of phantom stock are payable in cash following termination of the reporting person's services as an Independent Director of Kroger.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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