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HOWE DODEDT W

FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION	OMB AF	PPROVAL
UNITED STATES SECURITIES AND EXCHANGE COMMISSION (OMB Number:	3235-0287
Check this box if no longer subject to Section 16. SECURITIES	Expires: January 3 200 Estimated average burden hours per response 0.	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940		
(Print or Type Responses)		
1. Name and Address of Reporting Person [*] 2. Issuer Name and Ticker or Trading 5. Relationship of Reduced in the second se	eporting Pers	
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) XDirector Officer (give title below) C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP., 500 FRANK 06/01/2010 06/01/2010 W. BURR BLVD V V		o Owner er (specify
(Street) 4. If Amendment, Date Original 6. Individual or Joint Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One	e Reporting Pe	erson
TEANECK, NJ 07666	e than One Re	porting
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, o	r Beneficial	ly Owned
Security (Instr. 3)(Month/Day/Year)Execution Date, if anyTransactionAcquired (A) or Disposed of (D) (Instr. 8)SecuritiesFor Beneficially(Instr. 3)anyCodeDisposed of (D) (Month/Day/Year)Beneficially(D) Owned(D) (I) Following (Instr. 3, 4 and 5)(A) or(A) (Instr. 3 and 4)(A) (Instr. 3 and 4)(A) (Instr. 3 and 4)	m: Direct or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Code V Amount (D) Price (notice and ty) Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.		

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

Reporting Owners

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Class A Common Stock Option (Right to Buy) (1)	\$ 49.14	06/01/2010		А	10,000	06/01/2011	06/01/2017	Class A Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address		Relationships				
I State in the second	Director	10% Owner	Officer	Other		
HOWE ROBERT W C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD TEANECK, NJ 07666	Х					
Signatures						
/s/ Steven Schwartz, on behalf of Robert W. Howe, by power of attorney			06/03/2010			
<u>**</u> Signature of Reporting Person			Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Such options were granted on June 1, 2010 pursuant to the Company's 2009 Incentive Compensation Plan. Such options vest as follows: 50% on June 1, 2011; and 50% on June 1, 2012. The options will be fully vested on June 1, 2012.
- (2) Excludes previously granted options for an aggregate of 60,000 shares of Class A Common Stock, which have different exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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