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MATTHEWS Form 4 March 05, 20	S ELEANOR S 09									
FORM	Δ								PPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287		
Check this if no long subject to Section 16	er STATEM 5.	ENT OF C	F CHANGES IN BENEFICIAL OW SECURITIES				NERSHIP OF	Expires: January 31 2005 Estimated average burden hours per		
Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	Filed purs s Section 17(a) of the Pub		ding Con	npany	Act of	e Act of 1934, f 1935 or Sectio 40	response n	0.5	
(Print or Type R	esponses)									
1. Name and Address of Reporting Person <u>*</u> MATTHEWS ELEANOR S			2. Issuer Name and Ticker or Trading Symbol ALLIANCE HEALTHCARD INC [ALHC]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 2208 CROSS TIMBERS (Street)			3. Date of Earliest Transaction(Month/Day/Year)03/05/2009				DirectorX_ 10% Owner X_ Officer (give title Other (specify below) below) SENIOR VICE PRESIDENT			
			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person			
MESQUITE	, TX 75181						Form filed by M Person	Iore than One Re	eporting	
(City)	(State) (Zip)	Table I - Non-l	Derivative	Securi	ities Acc	quired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution D any	ate, if Transact Code 'Year) (Instr. 8)	ion(A) or D (D)	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common Stock	03/05/2009	03/05/200	9 P	2,000	А	\$ 0.94	1,990,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. of Number of Derivative Securities Acquired (A) or Disposed of (D)	umber Expiration Date (Month/Day/Year) erivative scurities cquired .) or isposed		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Derivative I Security S (Instr. 5) I I I I I I I I I I I I I I I I I I I	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr	
			Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addres	58	Relationships							
	Director	Director 10% Owner Officer		Other					
MATTHEWS ELEANOR S 2208 CROSS TIMBERS MESQUITE, TX 75181		Х	SENIOR VICE PRESIDENT						
Signatures									
/s/ Eleanor S. Matthews	03/05/2009)							
**Signature of Reporting Person	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.