Carson Larry E Form 5 February 08, 2000	6							
FORM 5					OMB AP	PROVAL		
Check this box if no longer subject to Section 16.	UNITE f	D STATES	OMB Number: Expires:	3235-0362 January 31, 2005				
Form 4 or Form 5 obligations may continue.	AN	NNUAL ST	Estimated av burden hours response					
See Instruction 1(b). Form 3 Holdings Reported Form 4 Transactions Reported	<i>See</i> Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 30(h) of the Investment Company Act of 1940 Transactions							
1. Name and Address of Reporting Person <u>*</u> Carson Larry E		ng Person <u>*</u>	2. Issuer Name <b>and</b> Ticker or Trading Symbol CITIZENS INC [CIA]	5. Relationship of Reporting Person(s) to Issuer				
	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2005	(Cneck Director X Officer (give below)		Owner r (specify		
400 EAST AND	ERSON I	LANE		· · · · · · · · · · · · · · · · · · ·	Reporting & T	`ax		
(	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joi (check	int/Group Repo	rting		
AUSTIN, TXÂ	à 78752			_X_ Form Filed by C Form Filed by M Person				
(City) (	(State)	(Zip)	Table I - Non-Derivative Securities Ac	quired, Disposed of,	or Beneficially	y Owned		

(eng)	(State) (	Tabl	e I - Non-Deri	vative Sec	curitie	s Acqui	red, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi (A) or Di (D) (Instr. 3,	isposed	d of	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(D)	Price	4)		
Citizens, Inc. Class A Common Stock (1)	07/13/2005	Â	L	30	A	\$ 6.65	30	D	Â
Citizens, Inc. Class A Common Stock $(1)$	08/10/2005	Â	L	28	A	\$ 7.12	58	D	Â
Citizens,	09/06/2005	Â	L	28	А	\$ 7.2	86	D	Â

Inc. Class A Common Stock (1)								
Citizens, Inc. Class A Common Stock (1)	10/13/2005	Â	L	35	A	\$ 121 5.74	D	Â
Citizens, Inc. Class A Common Stock (1)	11/08/2005	Â	L	33	A	\$ 154 6.07	D	Â
Citizens, Inc. Class A Common Stock (1)	12/12/2005	Â	L	33	А	\$6 187	D	Â
Citizens, Inc. Class A Common Stock (2)	12/31/2005	Â	J	14	А	\$ 201	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information S contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. O S B O E I S Fi (I
				(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships						
	Director	10% Owner	Officer	Other			
Carson Larry E	Â	Â	Financial Reporting & Tax	Â			

400 EAST ANDERSON LANE AUSTIN, TXÂ 78752

## Signatures

/s/Larry E. Carson

02/02/2006

<u>\*\*</u>Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were purchased through the Employee Stock Purchase Plan as part of regular monthly payroll deduction.
- (2) Stock Dividend paid 12/31/2005

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.