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INSIGNIA SOI Form 4 August 24, 200		C								
								OMB AF	PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMI Washington, D.C. 20549					OMMISSION	OMB Number:	3235-0287			
Check this b if no longer subject to Section 16. Form 4 or Form 5 obligations									January 31, Expires: 2005 Estimated average burden hours per response 0.5	
may continu <i>See</i> Instruction 1(b).	e.		of the Inve	•	• •	•		1		
(Print or Type Resp	ponses)									
1. Name and Address of Reporting Person <u>*</u> Frodsham David G			2. Issuer Name and Ticker or Trading Symbol INSIGNIA SOLUTIONS PLC [INSG]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) C/O INSIGNIA SOLUTIONS, 41300 CHRISTY STREET			3. Date of Earliest Transaction (Month/Day/Year) 02/10/2005				X_Director10% Owner Officer (give titleOther (specify below) below)			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
FREMONT, C	A 94538						Person		porting	
(City)	(State)	(Zip)	Table I	- Non-Deri	ivative See	curities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	ar) Execut any	eemed tion Date, if h/Day/Year)	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Ordinary Shares represented by American Depositary Shares						(2) 1110	41,400	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Am Underlying Sect (Instr. 3 and 4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Stock Options(right to buy)	\$ 0.61	02/10/2005		A	10,000	02/10/2005	02/10/2015 <u>(1)</u>	Ordinary Shares represented by American Depositary Shares

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Frodsham David G C/O INSIGNIA SOLUTIONS 41300 CHRISTY STREET FREMONT, CA 94538	Х					
Signatures						

/s/ David 08/23/2005 Frodsham <u>**</u>Signature of Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The stock option grant is 100% vested and immediately exercisable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person