CITIZENS II Form 5 February 08,	2005											
FORM	5							OMB APPROVAL				
	STATES	SECURITIES AND EXCHANGE CO				OMMISSION	OMB Number:	3235-0362				
Check this box if no longer subject			Washington, D.C. 20549						Expires:	January 31, 2005		
to Section Form 4 or 5 obligatio may contir <i>See</i> Instruc 1(b). Form 3 Ho Reported	suant to S a) of the l	AL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES ant to Section 16(a) of the Securities Exchange Act of 1934, of the Public Utility Holding Company Act of 1935 or Secti						Estimated a burden hou response	verage			
Form 4 Transaction Reported	ns	30(h)	of the In	vestment Co	ompany A	Act of	t 1940					
1. Name and Address of Reporting Person <u>*</u> SHELTON STEVEN F			-					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (M	liddle)		ent for Issuer's	-	ar Ende	ed	(Chec	ek all applicable)			
			(Month/Day/Year)					_X_ Director 10% Owner Officer (give title Other (specify below) below)				
		T	12/31/2004									
400 EAST A	ANDERSON LAN	NE							,			
(Street)			4. If Amendment, Date Original 6 Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)					
AUSTIN, '	TXÂ 78752						_	X_ Form Filed by Form Filed by M Person				
(City)	(State) (Zip)	Tabl	e I - Non-Deri	vative Sec	uritie	s Acqui	red, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Citizens, Inc. Class A Common Stock <u>(1)</u>	12/31/2004	Â		J	186	A	\$ 6.37	2,840	D	Â		
Citizens, Inc. Class A Common Stock	Â	Â		Â	Â	Â	Â	2,840	D	Â		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 2270 (9-02)

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	(Month/Day/Year) rivative curities quired) or sposed (D)		7. Tit Amou Unde: Secur (Instr	int of rlying	8. Price of Derivative Security (Instr. 5)	9. of D Se B O E I S Fi (I
				4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SHELTON STEVEN F 400 EAST ANDERSON LANE AUSTIN, TX 78752	ÂX	Â	Â	Â			
Signatures							

Signatures

/s/Steven F. Shelton <u>**Signature of</u> Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Stock Dividend paid 12/31/2004

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.