LUBIN MYRON L Form 4

January 26, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading LUBIN MYRON L Issuer Symbol ADVO INC [AD] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner Other (specify X_ Officer (give title ONE TARGETING CENTRE 01/24/2005 below) below) **Executive Vice President** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person

WINDSOR, CT 06095

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) Code (Instr. 3, 4 and 5) Beneficially Form: Direct Beneficial Ownership (Month/Day/Year) Owned (D) or (Instr. 8) Following Indirect (I) (Instr. 4) Reported (Instr. 4) (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price Common 01/24/2005 M 5,625 A 5,658 D Stock 22.48 Common 01/24/2005 F 693 \$ 36.2 4,965 D D Stock Common 5,625 \$ 27 D 01/24/2005 M A 10,590 Stock Common 01/24/2005 F 378 D \$ 36.2 10,212 D Stock Common 01/24/2005 M 6,000 \$ 25.8 16,212 D A Stock

OMB APPROVAL

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January 31,

2005

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Form filed by More than One Reporting

Person

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Common Stock	01/24/2005	F	456	D	\$ 36.2	15,756	D
Common Stock	01/24/2005	M	9,375	A	\$ 30.7	25,131	D
Common Stock	01/24/2005	F	377	D	\$ 36.2	24,754	D
Common Stock	01/25/2005	S	12,500	D	\$ 36.3	12,254	D
Common Stock	01/25/2005	S	100	D	\$ 36.43	12,154	D
Common Stock	01/25/2005	S	200	D	\$ 36.44	11,954	D
Common Stock	01/25/2005	S	11,321	D	\$ 36.5	633	D
Common Stock	01/25/2005	S	600	D	\$ 36.52	33	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 27	01/24/2005		M	5,625	<u>(1)</u>	11/30/2010	Common Stock	5,625
Stock Option (Right to Buy)	\$ 25.8	01/24/2005		M	6,000	(2)	12/13/2011	Common Stock	6,000

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Stock Option (Right to Buy)	\$ 22.48	01/24/2005	М	5,625	(3)	12/12/2012 Common Stock 5,6	525
Stock Option (Right to Buy)	\$ 30.7	01/24/2005	М	9,375	<u>(4)</u>	12/11/2013 Common Stock 9,3	175

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LUBIN MYRON L

ONE TARGETING CENTRE Executive Vice President

WINDSOR, CT 06095

Signatures

By: David Hennessey as Attorney-in-fact for Myron
Lubin
01/26/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Current
- (2) The options vest in four equal installments beginning on December 13, 2002.
- (3) The options vest in four equal installments beginning on December 12, 2003.
- (4) The options vest in four equal installments beginning on December 11, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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