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GOLAR LNG LTD Form 6-K October 31, 2012

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
FORM 6-K
REPORT OF FOREIGN ISSUER Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934 For the month of October 2012
Golar LNG Limited (Translation of registrant's name into English)
Par-la-Ville Place, 14 Par-la-Ville Road, Hamilton, HM 08, Bermuda (Address of principal executive offices)
Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F
Form 20-F [X] Form 40-F [] Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934
Yes [] No [X] If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):82

Item 1. INFORMATION CONTAINED IN THIS FORM 6-K REPORT

Attached as Exhibit 99.1 is a copy of the press release of Golar LNG Limited dated October 26, 2012.

Exhibit 99.1

Golar LNG: Insider Transactions

Golar LNG Limited ("Golar" or the "Company") advises that Board member Tor Olav Troim has on 26 October, 2012 extended a forward contract in respect of 175,000 shares in the Company. The new forward contract expires on 26 April 2013 at a price of NOK 176.47 per share.

After this trade, Mr. Troim has an exposure of 386,001 Golar shares under options and forward contracts and ownership of 358,188 Golar shares through Drew Investments, a company he controls.

Golar LNG Limited Hamilton, Bermuda October 26, 2012

This information is subject of the disclosure requirements acc. to §5-12 vphl (Norwegian Securities Trading Act)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Golar LNG
Limited
(Registrant)

Date: October 26, 2012 By:/s/ Brian Tienzo

Brian Tienzo

Principal Financial Officer

SIGNATURES 4

SIGNATURES 5