

BlackRock Energy & Resources Trust
Form N-Q
March 26, 2013

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM N-Q

**QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED
MANAGEMENT INVESTMENT COMPANY**

Investment Company Act file number 811-21656

Name of Fund: BlackRock Energy and Resources Trust (BGR)

Fund Address: 100 Bellevue Parkway, Wilmington, DE 19809

Name and address of agent for service: John M. Perlowski, Chief Executive Officer, BlackRock Energy and
Resources Trust, 55 East 52nd Street, New York, NY 10055

Registrant's telephone number, including area code: (800) 882-0052, Option 4

Date of fiscal year end: 10/31/2013

Date of reporting period: 01/31/2013

Item 1 Schedule of Investments

Schedule of Investments January 31, 2013 (Unaudited)

BlackRock Energy and Resources Trust (BGR)

(Percentages shown are based on Net Assets)

| Common Stocks | Shares | Value |
|--|---------------|---------------|
| Energy Equipment & Services 17.5% | | |
| Basic Energy Services, Inc. (a) | 2,103,498 | \$ 27,198,229 |
| Cameron International Corp. (a)(b) | 462,600 | 29,287,206 |
| National Oilwell Varco, Inc. | 370,500 | 27,468,870 |
| Schlumberger Ltd. (b) | 272,880 | 21,298,284 |
| Superior Energy Services, Inc. (a) | 194,200 | 4,849,174 |
| Technip SA | 160,900 | 17,422,010 |
| Transocean Ltd. (b) | 286,400 | 16,241,744 |
| | | 143,765,517 |
| Metals & Mining 4.5% | | |
| Goldcorp, Inc. | 90,000 | 3,176,100 |
| Hi-Crush Partners LP | 839,743 | 14,200,054 |
| Pan American Silver Corp. (b) | 162,800 | 2,850,628 |
| Prospect Global Resources, Inc. (a) | 2,884,615 | 4,153,846 |
| Silver Wheaton Corp. (b) | 366,000 | 12,755,100 |
| | | 37,135,728 |
| Oil, Gas & Consumable Fuels 74.0% | | |
| Access Midstream Partners LP | 259,500 | 9,466,560 |
| Alpha Natural Resources, Inc. (a)(b) | 1,284,695 | 11,382,398 |
| AltaGas Ltd. (b) | 513,100 | 18,164,789 |
| Anadarko Petroleum Corp. (b) | 603,633 | 48,302,713 |
| Cabot Oil & Gas Corp. (b) | 365,000 | 19,264,700 |
| Cimarex Energy Co. | 148,200 | 9,464,052 |
| Concho Resources, Inc. (a)(b) | 65,800 | 6,002,276 |
| Crescent Point Energy Corp. (b) | 336,400 | 13,012,143 |
| Crew Energy, Inc. (a)(b) | 1,695,792 | 10,116,265 |
| DCP Midstream Partners LP (b) | 242,600 | 10,943,686 |
| Delek Logistics Partners LP (a) | 416,600 | 10,785,774 |
| Denbury Resources, Inc. (a) | 1,122,846 | 20,918,621 |
| Energy XXI (Bermuda) Ltd. (b) | 446,400 | 13,981,248 |
| EQT Corp. (b) | 191,232 | 11,361,093 |
| Golar LNG Ltd. (b) | 340,934 | 13,995,341 |
| Gulfport Energy Corp. (a)(b) | 918,350 | 37,900,304 |
| Keyera Corp. (b) | 451,967 | 23,518,235 |
| Kodiak Oil & Gas Corp. (a)(b) | 827,700 | 7,614,840 |
| Kosmos Energy Ltd. (a)(b) | 993,007 | 12,293,427 |
| MarkWest Energy Partners LP (b) | 369,889 | 20,425,270 |
| Noble Energy, Inc. (b) | 363,596 | 39,192,013 |
| NuVista Energy Ltd. (a)(b) | 574,100 | 3,010,370 |
| Occidental Petroleum Corp. | 343,107 | 30,286,055 |
| Pembina Pipeline Corp. (b) | 298,700 | 8,666,912 |
| Pioneer Natural Resources Co. (b) | 283,833 | 33,361,731 |
| Plains All American Pipeline LP | 360,000 | 18,972,000 |
| Range Resources Corp. | 543,600 | 36,513,612 |
| Trilogy Energy Corp. (b) | 343,470 | 9,759,314 |
| Valero Energy Corp. (b) | 1,385,300 | 60,579,169 |
| Whiting Petroleum Corp. (a)(b) | 528,500 | 25,146,030 |
| Common Stocks | Shares | Value |
| Oil, Gas & Consumable Fuels (concluded) | | |

Edgar Filing: BlackRock Energy & Resources Trust - Form N-Q

| | | |
|----------------------------------|---------|---------------|
| Williams Partners LP | 300,784 | \$ 15,261,780 |
| | | 609,662,721 |
| Total Common Stocks 96.0% | | 790,563,966 |

Rights

| | | |
|--|--------|-------|
| Oil, Gas & Consumable Fuels 0.0% | | |
| Magnum Hunter Resources Corp., Expires 10/14/2013(a)(c) | 70,300 | 9,842 |

Total Long-Term Investments

| | | |
|-----------------------------------|--|-------------|
| (Cost \$645,781,878) 96.0% | | 790,573,808 |
|-----------------------------------|--|-------------|

Short-Term Securities

| | | |
|--|------------|------------|
| BlackRock Liquidity Funds, TempFund, Institutional Class, 0.10% (d)(e) | 42,776,255 | 42,776,255 |
|--|------------|------------|

**Beneficial
Interest
(000)**

| | | |
|---|------|-------|
| BlackRock Liquidity Series, LLC Money Market Series, 0.28% (d)(e)(f) | \$ 7 | 6,500 |
|---|------|-------|

Total Short-Term Securities

| | | |
|---------------------------------|--|------------|
| (Cost \$42,782,755) 5.2% | | 42,782,755 |
|---------------------------------|--|------------|

Total Investments Before Options Written

| | | |
|-------------------------------------|--|-------------|
| (Cost \$688,564,633*) 101.2% | | 833,356,563 |
|-------------------------------------|--|-------------|

Options Written

| | | |
|---|--|--------------|
| (Premiums Received \$7,187,254) (1.5)% | | (12,259,660) |
|---|--|--------------|

Total Investments Net of Options

| | | |
|----------------------|--|-------------|
| Written 99.7% | | 821,096,903 |
|----------------------|--|-------------|

| | | |
|---|--|-----------|
| Other Assets Less Liabilities 0.3% | | 2,841,808 |
|---|--|-----------|

| | | |
|--------------------------|--|----------------|
| Net Assets 100.0% | | \$ 823,938,711 |
|--------------------------|--|----------------|

Portfolio Abbreviations

Edgar Filing: BlackRock Energy & Resources Trust - Form N-Q

To simplify the listings of portfolio holdings in the Schedule of Investments, the names and descriptions of many securities have been abbreviated according to the following list:

CAD Canadian Dollar
EUR Euro

USD US Dollar

JANUARY 31, 2013

1

Schedule of Investments (continued)

BlackRock Energy and Resources Trust (BGR)

Notes to Schedule of Investments

* As of January 31, 2013, gross unrealized appreciation and gross unrealized depreciation based on cost for federal income tax purposes were as follows:

| | |
|-------------------------------|----------------|
| Tax cost | \$ 696,812,121 |
| Gross unrealized appreciation | \$ 182,761,446 |
| Gross unrealized depreciation | (46,217,000) |
| Net unrealized appreciation | \$ 136,544,446 |

(a) Non-income producing security.

(b) All or a portion of security has been pledged/segregated as collateral in connection with outstanding options written.

(c) Security, or a portion of security, is on loan.

(d) Represents the current yield as of report date.

(e) Investments in issuers considered to be an affiliate of the Trust during the period ended January 31, 2013, for purposes of Section 2(a)(3) of the Investment Company Act of 1940, as amended, were as follows:

| Affiliate | Shares/ Beneficial Interest Held at | Net Activity | Shares/ Beneficial Interest Held at | Income | Realized Gain |
|---|---|-----------------|---|----------|------------------|
| | October 31, 2012 | | January 31, 2013 | | |
| BlackRock Liquidity Funds, TempFund, Institutional Class | 4,572,699 | 38,203,556 | 42,776,255 | \$ 3,653 | \$ 108 |
| BlackRock Liquidity Series, LLC Money Market Series | \$ 13,663,321 | \$ (13,656,821) | \$ 6,500 | \$ 1,317 | |

(f) Security was purchased with the cash collateral from loaned securities. The Trust may withdraw up to 25% of its investment daily, although the manager of the BlackRock Liquidity Series, LLC Money Market Series, in its sole discretion, may permit an investor to withdraw more than 25% on any one day.

Exchange-Traded options written as of January 31, 2013 were as follows:

| Description | Put/ Call | Strike | | Expiration Date | Contracts | Market Value |
|-------------------------------|--------------|--------|-----|--------------------|-----------|-----------------|
| | | Price | | | | |
| Pioneer Natural Resources Co. | Call | USD | 110 | 2/16/13 | 435 | \$ (371,451) |
| Anadarko Petroleum Corp. | Call | USD | 80 | 2/18/13 | 370 | (75,295) |
| Cabot Oil & Gas Corp. | Call | USD | 50 | 2/18/13 | 600 | (186,000) |
| Crew Energy, Inc. | Call | CAD | 7 | 2/18/13 | 1,000 | (4,010) |
| Energy XXI (Bermuda) Ltd. | Call | USD | 35 | 2/18/13 | 1,475 | (7,375) |

Edgar Filing: BlackRock Energy & Resources Trust - Form N-Q

| | | | | | | |
|-------------------------------|------|-----|-------|---------|-------|-------------|
| Gulfport Energy Corp. | Call | USD | 42.50 | 2/18/13 | 150 | (9,375) |
| MarkWest Energy Partners LP | Call | USD | 52.50 | 2/18/13 | 415 | (114,125) |
| Noble Energy, Inc. | Call | USD | 110 | 2/18/13 | 1,274 | (130,585) |
| Pioneer Natural Resources Co. | Call | USD | 115 | 2/18/13 | 210 | (111,300) |
| Schlumberger Ltd. | Call | USD | 75 | 2/18/13 | 160 | (54,400) |
| Silver Wheaton Corp. | Call | USD | 37 | 2/18/13 | 600 | (10,800) |
| Transocean Ltd. | Call | USD | 57.50 | 2/18/13 | 650 | (51,025) |
| Valero Energy Corp. | Call | USD | 35 | 2/18/13 | 1,150 | (1,006,250) |
| Kosmos Energy Ltd. | Call | USD | 12.50 | 3/11/13 | 735 | (22,579) |
| Alpha Natural Resources, Inc. | Call | USD | 11 | 3/18/13 | 1,200 | (17,400) |
| AltaGas Ltd. | Call | CAD | 34 | 3/18/13 | 1,795 | (283,449) |
| Anadarko Petroleum Corp. | Call | USD | 80 | 3/18/13 | 1,740 | (661,200) |
| Cameron International Corp. | Call | USD | 60 | 3/18/13 | 1,620 | (712,800) |
| Concho Resources, Inc. | Call | USD | 90 | 3/18/13 | 137 | (64,390) |
| Concho Resources, Inc. | Call | USD | 95 | 3/18/13 | 93 | (22,320) |
| Crescent Point Energy Corp. | Call | CAD | 39 | 3/18/13 | 1,200 | (63,164) |
| Crew Energy, Inc. | Call | CAD | 6.50 | 3/18/13 | 1,000 | (12,533) |
| DCP Midstream Partners LP | Call | USD | 45 | 3/18/13 | 400 | (39,000) |
| EQT Corp. | Call | USD | 60 | 3/18/13 | 500 | (86,250) |
| Golar LNG Ltd. | Call | USD | 40 | 3/18/13 | 570 | (114,000) |
| Kodiak Oil & Gas Corp. | Call | USD | 10 | 3/18/13 | 415 | (9,338) |
| MarkWest Energy Partners LP | Call | USD | 55 | 3/18/13 | 379 | (36,005) |
| Pan American Silver Corp. | Call | USD | 20 | 3/18/13 | 570 | (7,125) |
| Pioneer Natural Resources Co. | Call | USD | 115 | 3/18/13 | 350 | (250,250) |
| Silver Wheaton Corp. | Call | USD | 38 | 3/18/13 | 600 | (27,000) |

Schedule of Investments (continued)

BlackRock Energy and Resources Trust (BGR)

Exchange-Traded options written as of January 31, 2013 were as follows: (concluded)

| Description | Put/ | Strike | Expiration | Contracts | Market |
|-------------------------|------|-----------|------------|-----------|-----------------------|
| | Call | Price | Date | | Value |
| Trilogy Energy Corp. | Call | CAD 29 | 3/18/13 | 1,200 | \$ (114,297) |
| Valero Energy Corp. | Call | USD 38 | 3/18/13 | 1,700 | (1,003,000) |
| Whiting Petroleum Corp. | Call | USD 50 | 3/18/13 | 651 | (73,238) |
| Cabot Oil & Gas Corp. | Call | USD 52 | 3/22/13 | 600 | (162,311) |
| Keyera Corp. | Call | CAD 52 | 4/22/13 | 1,182 | (133,322) |
| Kosmos Energy Ltd. | Call | USD 12.50 | 4/22/13 | 850 | (46,750) |
| NuVista Energy Ltd. | Call | CAD 6 | 4/22/13 | 1,175 | (20,616) |
| Pembina Pipeline Corp. | Call | CAD 30 | 4/22/13 | 1,045 | (16,240) |
| Total | | | | | \$ (6,130,568) |

Over-the-counter options written as of January 31, 2013 were as follows:

| Description | Counterparty | Put/ | Strike | Expiration | Contracts | Market |
|---------------------------------|--------------------------------|------|-----------|------------|-----------|--------------|
| | | Call | Price | Date | | Value |
| Basic Energy Services, Inc. | Ubs Securities Llc | Call | USD 11.73 | 2/07/13 | 200,000 | \$ (242,903) |
| Gulfport Energy Corp. | Citigroup Global Markets, Inc. | Call | USD 39.38 | 2/07/13 | 84,000 | (170,695) |
| Kodiak Oil & Gas Corp. | Goldman Sachs & Co. | Call | USD 8.56 | 2/08/13 | 108,000 | (69,999) |
| Technip SA | Morgan Stanley & Co., Inc. | Call | EUR 88.93 | 2/12/13 | 26,500 | (912) |
| NuVista Energy Ltd. | Deutsche Bank Securities Corp. | Call | CAD 6.07 | 2/13/13 | 72,000 | (241) |
| Gulfport Energy Corp. | Citigroup Global Markets, Inc. | Call | USD 39.90 | 2/14/13 | 78,000 | (144,511) |
| Occidental Petroleum Corp. | Citigroup Global Markets, Inc. | Call | USD 80.70 | 2/22/13 | 120,000 | (908,400) |
| Kosmos Energy Ltd. | Citigroup Global Markets, Inc. | Call | USD 12.61 | 2/25/13 | 30,200 | (7,085) |
| Kosmos Energy Ltd. | JPMorgan Chase Securities | Call | USD 13.13 | 2/25/13 | 35,000 | (1,043) |
| MarkWest Energy Partners LP | Deutsche Bank Securities Corp. | Call | USD 53.15 | 2/25/13 | 50,000 | (107,229) |
| EQT Corp. | Goldman Sachs & Co. | Call | USD 59.73 | 2/27/13 | 16,500 | (20,933) |
| Gulfport Energy Corp. | Morgan Stanley & Co., Inc. | Call | USD 40.70 | 2/27/13 | 76,000 | (138,031) |
| Basic Energy Services, Inc. | Citigroup Global Markets, Inc. | Call | USD 12.92 | 2/28/13 | 200,000 | (121,858) |
| Keyera Corp. | Deutsche Bank Securities Corp. | Call | CAD 49.69 | 2/28/13 | 40,000 | (90,458) |
| National Oilwell Varco, Inc. | Morgan Stanley & Co., Inc. | Call | USD 72.50 | 2/28/13 | 140,000 | (452,197) |
| Whiting Petroleum Corp. | Goldman Sachs & Co. | Call | USD 47.20 | 3/01/13 | 41,400 | (77,523) |
| Kosmos Energy Ltd. | Citigroup Global Markets, Inc. | Call | USD 12.61 | 3/04/13 | 30,200 | (5,011) |
| Kosmos Energy Ltd. | JPMorgan Chase Securities | Call | USD 13.26 | 3/04/13 | 35,000 | (1,092) |
| Plains All American Pipeline LP | Morgan Stanley & Co., Inc. | Call | USD 51.97 | 3/05/13 | 126,000 | (143,927) |
| Technip SA | Citigroup Global Markets, Inc. | Call | EUR 81.52 | 3/06/13 | 14,900 | (41,127) |
| Range Resources Corp. | Goldman Sachs & Co. | Call | USD 66.69 | 3/07/13 | 190,200 | (506,346) |
| Access Midstream Partners LP | Morgan Stanley & Co., Inc. | Call | USD 35.17 | 3/08/13 | 48,000 | (89,000) |
| Basic Energy Services, Inc. | JPMorgan Chase Securities | Call | USD 12.23 | 3/08/13 | 199,500 | (219,632) |
| Kodiak Oil & Gas Corp. | UBS Securities LLC | Call | USD 9.72 | 3/08/13 | 140,000 | (29,185) |
| Access Midstream Partners LP | Morgan Stanley & Co., Inc. | Call | USD 36.50 | 3/11/13 | 37,500 | (43,948) |
| Golar LNG Ltd. | UBS Securities LLC | Call | USD 38.57 | 3/11/13 | 60,000 | (173,857) |

Edgar Filing: BlackRock Energy & Resources Trust - Form N-Q

| | | | | | | | |
|--------------------------------|--------------------------------|------|-----|-------|---------|---------|-------------|
| Denbury Resources, Inc. | Banc of America Securities | Call | USD | 18.05 | 3/12/13 | 173,900 | (178,403) |
| Denbury Resources, Inc. | Morgan Stanley & Co., Inc. | Call | USD | 16.98 | 3/12/13 | 219,000 | (386,559) |
| Technip SA | Citigroup Global Markets, Inc. | Call | EUR | 81.52 | 3/12/13 | 14,900 | (44,919) |
| Cimarex Energy Co. | UBS Securities LLC | Call | USD | 64.57 | 3/21/13 | 51,800 | (125,913) |
| Goldcorp, Inc. | UBS Securities LLC | Call | USD | 38.38 | 3/21/13 | 31,500 | (15,622) |
| Schlumberger Ltd. | Citigroup Global Markets, Inc. | Call | USD | 79.31 | 3/26/13 | 79,800 | (131,945) |
| Superior Energy Services, Inc. | Goldman Sachs & Co. | Call | USD | 25.11 | 3/26/13 | 68,000 | (79,724) |
| Transocean Ltd. | Morgan Stanley & Co., Inc. | Call | USD | 56.46 | 3/26/13 | 35,000 | (86,257) |
| Valero Energy Corp. | Morgan Stanley & Co., Inc. | Call | USD | 38.71 | 3/27/13 | 190,000 | (1,014,979) |
| Basic Energy Services, Inc. | Citigroup Global Markets, Inc. | Call | USD | 13.29 | 4/01/13 | 136,000 | (98,981) |
| Kosmos Energy Ltd. | Citigroup Global Markets, Inc. | Call | USD | 12.60 | 4/01/13 | 60,000 | (22,088) |
| Whiting Petroleum Corp. | Morgan Stanley & Co., Inc. | Call | USD | 49.75 | 4/02/13 | 68,000 | (98,648) |

JANUARY 31, 2013

3

Schedule of Investments (continued)

BlackRock Energy and Resources Trust (BGR)

Over-the-counter options written as of January 31, 2013 were as follows: (concluded)

| Description | Counterparty | Put/ Call | Strike | | Expiration Date | Contracts | Market Value |
|----------------------|--------------------|--------------|--------|-------|--------------------|-----------|-----------------|
| | | | Price | | | | |
| Williams Partners LP | UBS Securities LLC | Call | USD | 50.79 | 4/11/13 | 27,000 | \$ (37,911) |
| Total | | | | | | | \$ (6,129,092) |

For Trust compliance purposes, the Trust's industry classifications refer to any one or more of the industry sub-classifications used by one or more widely recognized market indexes or ratings group indexes, and/or as defined by Trust management. These definitions may not apply for purposes of this report, which may combine industry sub-classifications for reporting ease.

Fair Value Measurements Various inputs are used in determining the fair value of investments and derivative financial instruments. These inputs to valuation techniques are categorized into a disclosure hierarchy consisting of three broad levels for financial reporting purposes as follows:

Level 1 - unadjusted price quotations in active markets/exchanges for identical assets and liabilities that the Trust has the ability to access

Level 2 - other observable inputs (including, but not limited to, quoted prices for similar assets or liabilities in markets that are active, quoted prices for identical or similar assets or liabilities in markets that are not active, inputs other than quoted prices that are observable for the assets or liabilities (such as interest rates, yield curves, volatilities, prepayment speeds, loss severities, credit risks and default rates) or other market-corroborated inputs)

Level 3 - unobservable inputs based on the best information available in the circumstances, to the extent observable inputs are not available (including the Trust's own assumptions used in determining the fair value of investments and derivative financial instruments)

The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (Level 1 measurements) and the lowest priority to unobservable inputs (Level 3 measurements). Accordingly, the degree of judgment exercised in determining fair value is greatest for instruments categorized in Level 3. The inputs used to measure fair value may fall into different levels of the fair value hierarchy. In such cases, for disclosure purposes, the level in the fair value hierarchy within which the fair value measurement falls in its entirety is determined based on the lowest level input that is significant to the fair value measurement in its entirety.

Changes in valuation techniques may result in transfers into or out of an assigned level within the disclosure hierarchy. In accordance with the Trust's policy, transfers between different levels of the fair value disclosure hierarchy are deemed to have occurred as of the beginning of the reporting period. The categorization of a value determined for investments and derivative financial instruments is based on the pricing transparency of the investment and derivative financial instrument and is not necessarily an indication of the risks associated with investing in those securities. For information about the Trust's policy regarding valuation of investments and derivative financial instruments and other significant accounting policies, please refer to the Trust's most recent financial statements as contained in its annual report.

The following tables summarize the Trust's investments and derivative financial instruments categorized in the disclosure hierarchy as of January 31, 2013:

| | Level 1 | Level 2 | Level 3 | Total |
|------------------------|---------|---------|---------|-------|
| Assets: | | | | |
| Investments: | | | | |
| Long-Term Investments: | | | | |

Edgar Filing: BlackRock Energy & Resources Trust - Form N-Q

| | | | | |
|---|-----------------------|-----------------------|----------------|------------------------|
| Common Stocks: | | | | |
| Energy Equipment & Services | \$ 126,343,507 | \$ 17,422,010 | | \$ 143,765,517 |
| Metals & Mining | 37,135,728 | | | 37,135,728 |
| Oil, Gas & Consumable Fuels | 609,662,721 | | | 609,662,721 |
| Rights | | 9,842 | | 9,842 |
| Short-Term Securities | 42,776,255 | 6,500 | | 42,782,755 |
| Total | \$ 815,918,211 | \$ 17,438,352 | | \$ 833,356,563 |
| | Level 1 | Level 2 | Level 3 | Total |
| Derivative Financial Instruments ¹ | | | | |
| Liabilities: | | | | |
| Equity contracts | \$ (5,574,227) | \$ (6,685,433) | | \$ (12,259,660) |
| Total | \$ (5,574,227) | \$ (6,685,433) | | \$ (12,259,660) |

¹ Derivative financial instruments are options written, which are shown at value.

Schedule of Investments (concluded)

BlackRock Energy and Resources Trust (BGR)

Certain of the Trust's assets and liabilities are held at carrying amount, which approximates fair value for financial reporting purposes. As of January 31, 2013, such assets and liabilities are categorized within the disclosure hierarchy as follows:

| | Level 1 | Level 2 | Level 3 | Total |
|---------------------|-------------------|-----------------|----------------|-------------------|
| Assets: | | | | |
| Cash | \$ 171,293 | | | \$ 171,293 |
| Liabilities: | | | | |
| Bank overdraft | | \$ (660) | | (660) |
| Total | \$ 171,293 | \$ (660) | | \$ 170,633 |

There were no transfers between levels during the period ended January 31, 2013.

JANUARY 31, 2013

5

Item 2 Controls and Procedures

2(a) The registrant's principal executive and principal financial officers, or persons performing similar functions, have concluded that the registrant's disclosure controls and procedures (as defined in Rule 30a-3(c) under the Investment Company Act of 1940, as amended (the 1940 Act)) are effective as of a date within 90 days of the filing of this report based on the evaluation of these controls and procedures required by Rule 30a-3(b) under the 1940 Act and Rule 13a-15(b) under the Securities Exchange Act of 1934, as amended.

2(b) There were no changes in the registrant's internal control over financial reporting (as defined in Rule 30a-3(d) under the 1940 Act) that occurred during the registrant's last fiscal quarter that have materially affected, or are reasonably likely to materially affect, the registrant's internal control over financial reporting.

Item 3 Exhibits

Certifications Attached hereto

Edgar Filing: BlackRock Energy & Resources Trust - Form N-Q

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

BlackRock Energy and Resources Trust

By: /s/ John M. Perlowski
John M. Perlowski
Chief Executive Officer (principal executive officer) of
BlackRock Energy and Resources Trust
Date: March 26, 2013

Pursuant to the requirements of the Securities Exchange Act of 1934 and the Investment Company Act of 1940, this report has been signed below by the following persons on behalf of the registrant and in the capacities and on the dates indicated.

By: /s/ John M. Perlowski
John M. Perlowski
Chief Executive Officer (principal executive officer) of
BlackRock Energy and Resources Trust
Date: March 26, 2013

By: /s/ Neal J. Andrews
Neal J. Andrews
Chief Financial Officer (principal financial officer) of
BlackRock Energy and Resources Trust
Date: March 26, 2013