SMITH & NEPHEW PLC Form 6-K August 01, 2006

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

August 01, 2006

Commission File Number 001-14978

SMITH & NEPHEW plc (Registrant's name)

15 Adam Street
London, England WC2N 6LA
(Address of registrant's principal executive offices)

[Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.]

Form 20-F X Form 40-F

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1).]

Yes No X

[Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7).]

Yes No X

[Indicate by check mark whether by furnishing the information contained in this Form, the registrant is also thereby furnishing information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.]

Yes No X

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b) : 82-n/a.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Smith & Nephew plc
(Registrant)

Date: August 01, 2006

By: /s/ Paul Chambers

Paul Chambers Company Secretary

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: 1985 Executive Share Option Scheme

Period of return: From: 23 January 2006 To:

Balance under scheme from previous return: 85,000

The amount by which the block scheme has been increased, $\,$ N/A

if the scheme has been increased since the date of the last return:

Number of securities issued/allotted under scheme during 35,897

period:

Balance under scheme not yet issued/allotted at end of 49,103

period

Number and class of securities originally listed and the 85,000 Ordinary Shares of US\$ 20 cents

date of admission January 2006

Total number of securities in issue at the end of the 941,611,172 ordinary shares of US\$ 20

period

23 J

Name of contact: Address of contact: Telephone number of contact: Phil Higgins 15 Adam Street, London, WC2N 6LA 0207 960 2228

SIGNED BY Paul Chambers, Company Secretary

for and on behalf of

Smith & Nephew plc

If you knowingly or recklessly give false or misleading information you may be liable to prosecution.

BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: 1990 International Executive Share Opt

Period of return: From: 23 January 2006 To:

Balance under scheme from previous return: 1,850,000

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the

last return:

Number of securities issued/allotted under scheme during 230,605

period:

Balance under scheme not yet issued/allotted at end of 1,619,395

period

23 J

Number and class of securities originally listed and the date of admission

1,850,000 ordinary shares of US\$ 20 ce

2006

Total number of securities in issue at the end of the

period

941,611,172 ordinary shares of US\$ 20

Name of contact:

Address of contact:

Telephone number of contact:

Phil Higgins

15 Adam Street, London, WC2N 6LA

0207 960 2228

SIGNED BY Paul Chambers, Company Secretary

for and on behalf of

Smith & Nephew plc

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BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: 1991 Overseas Employee Share Option Sc

N/A

Period of return: From: 23 January 2006 To: 23 J

Balance under scheme from previous return: 27,500

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the

last return:

Number of securities issued/allotted under scheme during 0

period:

Balance under scheme not yet issued/allotted at end of 27,500

period

Number and class of securities originally listed and the 27,500 ordinary shares of US\$ 20 cents

date of admission listed on 23 January 2006

Total number of securities in issue at the end of the

period

941,611,172 ordinary shares of US\$ 20

Name of contact: Phil Higgins

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BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Approved Share Option Scheme

Period of return: From: 23 January 2006 To: 23 J

Balance under scheme from previous return: 500,000

The amount by which the block scheme has been increased, N/A if the scheme has been increased since the date of the last return:

Number of securities issued/allotted under scheme during 10,700

Balance under scheme not yet issued/allotted at end of 489,300

period

Number and class of securities originally listed and the 500,000 ordinary shares of US\$ 20 cent

date of admission January 2006

period

Total number of securities in issue at the end of the 941,611,172 ordinary shares of US\$ 20

Name of contact:

Phil Higgins Address of contact: 15 Adam Street, London, WC2N 6LA

Telephone number of contact: 0207 960 2228

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BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically.

To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 UK Unapproved Share Option Scheme

Period of return: From: 23 January 2006 To: 23 J

N/A

Balance under scheme from previous return: 1,000,000

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the

last return:

Number of securities issued/allotted under scheme during 87,817

period:

Balance under scheme not yet issued/allotted at end of 912,183

period

Number and class of securities originally listed and the 1,000,000 ordinary shares of US\$ 20 ce

date of admission January 2006

Total number of securities in issue at the end of the 941,611,172

period

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BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: 2001 US Share Option Scheme

Period of return: From: 23 January 2006 To:

Balance under scheme from previous return: 1,500,000

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the

last return:

Number of securities issued/allotted under scheme during 440,590

period:

Balance under scheme not yet issued/allotted at end of 1,059,410

period

Number and class of securities originally listed and the 1,

date of admission

1,500,000 ordinary shares of US\$ 20 ce

23 J

January 2006

Total number of securities in issue at the end of the

period

941,611,172 ordinary shares of US\$ 20

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BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: International Employees Share Option S Period of return: From: 23 January 2006 To:

Balance under scheme from previous return: 1,000,000 The amount by which the block scheme has been increased, N/A if the scheme has been increased since the date of the

last return:

Number of securities issued/allotted under scheme during 47,942

Balance under scheme not yet issued/allotted at end of 952,058

period

Number and class of securities originally listed and the 1,000,000 ordinary shares of US\$ 20 ce date of admission January 2006

Total number of securities in issue at the end of the

period

941,611,172 ordinary shares of US\$20 c

Name of contact: Phil Higgins

15 Adam Street, London, WC2N 6LA Address of contact:

0207 960 2228 Telephone number of contact:

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BLOCK LISTING SIX MONTHLY RETURN

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To: The FSA

Date: 1 August 2006

Name of applicant: Smith & Nephew plc

Name of scheme: UK Employee Share Option Scheme

Period of return: From: 23 January 2006 To:

Balance under scheme from previous return: 1,500,000

The amount by which the block scheme has been increased, if the scheme has been increased since the date of the

last return:

Number of securities issued/allotted under scheme during $\,$ 67,421 $\,$

period:

Balance under scheme not yet issued/allotted at end of 1,432,579

period

date of admission

Total number of securities in issue at the end of the 941,611,172

period

Name of contact: Phil Higgins

Address of contact: 15 Adam Street, London, WC2N 6LA

Number and class of securities originally listed and the 1,500,000 ordinary shares of US\$ 20 ce

January 2006

Telephone number of contact: 0207 960 2228

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for and on behalf of

Smith & Nephew plc

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23 J