Edgar Filing: Swiech Alan M - Form 4

Swiech Alan	M											
Form 4												
March 12, 20												
FORM	14 UNITE	D STATES						NGE C	OMMISSION	OMB AF OMB Number:	PROVAL 3235-0287	
Check this box if no longer subject to Section 16. SECURITIES								Expires:January 31, 2005Estimated average burden hours per response0.5				
(Print or Type I	Responses)											
Swiech Alan M Symbol				er Name and Ticker or Trading				ng	5. Relationship of Reporting Person(s) to Issuer			
				Date of Earliest Transaction					(Check all applicable)			
(M			(Month/Day/Year) 03/10/2013						Director 10% Owner X_ Officer (give title Other (specify below) SVP, HR & Support Services			
			endment, Date Original onth/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
MIDDLEB	URY, CT 0674	9							Form filed by M Person			
(City)	(State)	(Zip)	Tabl	e I - Non	-Deriva	ative S	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea		Date, if	3. Transac Code (Instr. 8	tion(A) (Ins)	or Di str. 3, 4	sposed 4 and (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	03/10/2013			F	1,4	15	D	\$ 22.23	61,244	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Swiech Alan M 199 BENSON ROAD MIDDLEBURY, CT 06749			SVP, HR & Support Se	ervices				
Signatures								
/s/ Alan Schutzman by Power of Attorney	of	03/13	03/13/2013					
<u>**</u> Signature of Reporting Person		Da	ate					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.