CABOT OIL & GAS CORP

Form 4

September 04, 2012

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

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Check this box if no longer subject to Section 16.

Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Washington, D.C. 20549

Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person **Lindeman Steven W			2. Issuer Symbol	Name and	Ticker or	Tradir	ng	5. Relationship of Reporting Person(s) to Issuer			
			CABOT	OIL & O	GAS CO	RP [C	COG]	(Check all applicable)			
(Last)	(First) (M	(Iiddle)	3. Date of Earliest Transaction					(encor an approact)			
040 GEGGNED DO 4 D. GVVEE 1400			(Month/D	,				Director 10% Owner X Officer (give title Other (specify			
840 GESSNER ROAD, SUITE 1400			08/31/2012					_X_ Officer (give title Other (specify below)			
						Vice Pres, Engineering & Tech					
	4. If Amer	ndment, Da	te Origina	1		6. Individual or Joint/Group Filing(Check					
	Filed(Mon	th/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person					
HOUSTON,						Form filed by More than One Reporting Person					
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of	2. Transaction Date	2A. Dee	med	3.	4. Secur		-		6. Ownership		
Security (Instr. 3)	(Month/Day/Year)	on Date, if Transaction(A) or Disposed of Code (D)					Securities Beneficially	Form: Direct (D) or	Indirect Beneficial		
(msu. 3)	any (Month/Day/`							Owned Indirect (I) Ownersh			
			•		, , ,			Following	(Instr. 4)	(Instr. 4)	
						(A)		Reported Transaction(s)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common						` ´	\$				
Stock	08/31/2012			F	1,323	D	41.2	35,402	D		
										Held in	
Common								11 849 (1)	ī	401(k)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

11,849 (1)

401(k)

Plan.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exer		7. Title		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secur
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	le Number		
						Excicisable			of		
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

> > Vice Pres,

Tech

Engineering &

Lindeman Steven W 840 GESSNER ROAD, SUITE 1400 HOUSTON, TX 77024

Signatures

Deidre L. Shearer, Attorney-in-Fact for Steven W. 09/04/2012 Lindeman

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Based on a statement dated June 30, 2012 for shares held by the reporting person under the Cabot Oil & Gas Savings Investment Plan. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2