CHARLES & COLVARD LTD Form 8-K December 21, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Form 8-K

Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): 12/21/2005

CHARLES & COLVARD LTD

(Exact name of registrant as specified in its charter)

Commission File Number: 000-23329

NC (State or other jurisdiction of incorporation) 561928817 (IRS Employer Identification No.)

300 Perimeter Park Drive, Suite A, Morrisville, NC 27560

(Address of principal executive offices, including zip code)

9194680399

(Registrant s telephone number, including area code)

(Former name or former address, if changed since last report)

Check the appropriate box below if the For	rm 8-K filing is intended to	o simultaneously satisfy th	e filing obligation of t	the registrant under
any of the following provisions:				

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]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
]	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Information to be included in the report

Item 7.01. Regulation FD Disclosure

On December 21, 2005, Charles & Colvard, Ltd. (the "Company") issued a press release regarding sales guidance for the fourth quarter of 2005 and an update on business expansion activities. A copy of this press release is attached as Exhibit 99.1.

Management will host a conference call on Thursday, December 22, 2005 at 9 a.m. EDT to provide a business overview and an update on recent corporate developments. Details on how to participate in the conference call are included in the attached press release.

Signature(s)

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CHARLES & COLVARD LTD

Date: December 21, 2005 By: /s/ James R. Braun

James R. Braun Chief Financial Officer

Exhibit Index

Exhibit No.	Description		
EX-99.1	Fourth Quarter Sales		