## Edgar Filing: CITIZENS COMMUNICATIONS CO - Form 4

### CITIZENS COMMUNICATIONS CO

#### Form 4

#### December 09, 2002

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

( ) Check this box if no longer subject to Section 16.

Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Laura L. DiPreta

Three High Ridge Park

CT, Stamford 06905

- 2. Issuer Name and Ticker or Trading Symbol Citizens Communications Company (CZN)
- 3. IRS or Social Security Number of Reporting Person (Voluntary)
- 4. Statement for Month/Year

12/6/2002

- 5. If Amendment, Date of Original (Month/Year)
- 6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
   ( ) Director ( ) 10% Owner (X) Officer (give title below) ( ) Other
   (specify below)

Assistant Vice President

- 7. Individual or Joint/Group Filing (Check Applicable Line)
  - (X) Form filed by One Reporting Person
  - ( ) Form filed by More than One Reporting Person

	Table I Non-Derivative	Securities	Acquired,	Disposed	of,	or	Beneficially	Owned
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1. Title of Security	Trans	3.  4.Securities Acquisaction   or Disposed of	(D)	5.Amount of       Securities       Beneficially       Owned at       End of Month
Common Stock		M    3683 	A  7.75	1 1
Common Stock		S    3683 	D  9.604 	1311.35
Common Stock	   			2124

Table II -- Derivative Securitites Acquired, Disposed of, or Beneficially Owned

1.Title of Derivative	2.Con-	13.	4.	5	.Number	of De	6.Date Exer 7	.Title and Amount	8.E
Security	version	Trans	action		rivativ	e Secu	cisable and	of Underlying	of
	or Exer				rities .	Acqui	Expiration	Securities	vat
	cise			-   - :	red(A)	or Dis	Date(Month/		Sec
	Price of	1		1 1	posed o	f(D)	Day/Year)		rit
	Deriva-			-			Date  Expir		
	tive					A/	Exer- ation	Title and Number	:
	Secu-		1	1		D	cisa- Date	of Shares	

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ri	ty	Date  Cod	le V  Amount		ble		I
Employee Stock Option  7.		2002		İ	11/22 12/16 Common	i	   
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Explanation of Responses:
1. Or earlier in certain events.