## BOTWINIK NORMAN I Form 4 December 02, 2002 UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 4 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP () Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instructions 1(b). 1. Name and Address of Reporting Person Norman I. Botwinik Three High Ridge Park CT, Stamford 06905 2. Issuer Name and Ticker or Trading Symbol Citizens Communications Company (CZN) 3. IRS or Social Security Number of Reporting Person (Voluntary) 4. Statement for Month/Year 11/29/2002 5. If Amendment, Date of Original (Month/Year) 6. Relationship of Reporting Person(s) to Issuer (Check all applicable) (X) Director ( ) 10% Owner ( ) Officer (give title below) ( ) Other (specify below)

- 7. Individual or Joint/Group Filing (Check Applicable Line)
  - (X) Form filed by One Reporting Person
  - ( ) Form filed by More than One Reporting Person

1. Title of Security	2.  3.  4.Securities 2	5.Amount of	
	Transaction   or Disposed	Securities   Beneficially	
		A/	Owned at
	Date  Code V  Amount	D   Price	End of Month
Common Stock	11/29/ A    97.9874	A  9.91	15325.8235
	2002		

Table II -- Derivative Securitites Acquired, Disposed of, or Beneficially Owned

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Derivative	2.Con-	3.	4.	5.1	Number of	De	6.Date	Exer 7	.Title and Amount	8.P
Security	version	Trans	saction	r	ivative S	ecu	cisable	e and	of Underlying	of
	or Exer	1	1	r	ities Acq	ui	Expirat	ion	Securities	vat
	cise	1		r	ed(A) or 1	Dis	Date(Mo	onth/		Sec
	Price of	1	1	p	osed of(D	)	Day/Yea	ar)		rit
	Deriva-	1					Date  E	Expir		
	tive	1				A/	/ Exer- a	ation	Title and Numbe	r
	Secu-	1	I I			D	cisa- D	Date	of Shares	
	rity	Date	Code \	7  2	Amount		ble			
	1	1	I I				1			

Explanation of Responses: