ARC Group Worldwide, Inc.

Form 4

August 30, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person *

Young Jason Taney

2. Issuer Name and Ticker or Trading

Symbol

ARC Group Worldwide, Inc.

[ARCW]

(Last) (First) (Middle) 3. Date of Earliest Transaction

(Month/Day/Year) 08/26/2016

C/O ARC GROUP WORLDWIDE. INC., 810 FLIGHTLINE BLVD

(State)

(Street)

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Issuer

below)

(Check all applicable)

_X__ Director 10% Owner X_ Officer (give title Other (specify

CEO & President

4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

DELAND, FL 32724

(City)

1. Title of

Security

(Instr. 3)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if

(Zip)

3. TransactionAcquired (A) or Code Disposed of (D) (Month/Day/Year) (Instr. 8)

4. Securities (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Following Reported

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect (I) (Instr. 4)

Beneficial Ownership (Instr. 4)

(A) Transaction(s) or (Instr. 3 and 4)

Common Stock

Code V Amount (D) Price

 $422,009 \frac{(1)}{}$ D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date Gecurities (Month/Day/Year) Acquired (A) or Disposed of D) Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 2.5	08/26/2016		A	59,175	(2)	08/26/2023	Common Stock	59,175

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Young Jason Taney C/O ARC GROUP WORLDWIDE, INC. 810 FLIGHTLINE BLVD DELAND, FL 32724	X		CEO & President			

Signatures

Reporting Person

Jason Taney
Young

**Signature of Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Mr. Young previously reported indirect beneficial ownership of 9,035,193 shares of ARC Group Worldwide, Inc. common stock owned by the Everest Hill Group Inc. ("Everest Hill"). Mr. Young does not as of the date hereof have power to vote the shares owned by Everest Hill or power to disposition over such shares, and therefor as of the date hereof is not construed to be a beneficial owner of such shares. Mr. Young has no direct or indirect interest in the shares owned by Everest Hill.
- (2) Option granted on August 26, 2016, fully vested as of the date of grant. Mr. Young may exercise the option at any time.
- Includes (i) an incentive stock option exercisable for the purchase of 156,750 shares, granted on January 15, 2016, of which 20% vested (3) on January 15, 2016 and the balance will vest in equal increments of 20% of the total award on each anniversary thereof; and (ii) an incentive stock option exercisable for the purchase of 59,175 shares, granted and fully vested as of August 26, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2