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Teladoc, In Form 4	ic.									
August 10,	2016									
FOR	M 4	STATES SEC	TIDITIES /	ND EV	CHANCE	COMMISSION		APPROVAL		
			S SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549					3235-0287		
Check t if no lo subject			F CHANGES IN BENEFICIAL OWNERSHIP OF					January 31, 2005 average		
Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Section 16. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1 Section 17(a) of the Public Utility Holding Company Act of 1935 or S 30(h) of the Investment Company Act of 1940						of 1935 or Section	burden hours per response 0.5 934,			
(Print or Type	e Responses)									
1. Name and Address of Reporting Person <u>*</u> Mawhinney Tom			ssuer Name an ool		r Trading	5. Relationship of Reporting Person(s) to Issuer				
			doc, Inc. [T]	_		(Che	eck all applicab	le)		
(Last)	(First) (te of Earliest T hth/Day/Year)	ransaction		_X_ Director	10	% Owner		
	ADOC, INC.,, 2 TANVILLE ROA 3	08/0	08/2016			Officer (giv below)		her (specify		
	(Street)	4. If .	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
		Filed	(Month/Day/Yea	r)		Applicable Line) _X_ Form filed by Form filed by	One Reporting F More than One F			
PURCHA	SE, NY 10577					Person				
(City)	(State)	(Zip)	Table I - Non-	Derivative	Securities A	cquired, Disposed	of, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, any (Month/Day/Yea	Code	Disposed (Instr. 3,	(A) or of (D)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Re	eport on a separate line	e for each class of	securities bene	ficially ow	ned directly o	or indirectly.				
				Perso inforr requi	ons who res nation cont red to respo ays a curre	spond to the colle ained in this form ond unless the for ntly valid OMB co	n are not rm	SEC 1474 (9-02)		
	Tab		Securities Acc calls, warrants			Beneficially Owned securities)	I			
		saction Date 3A. /Day/Year) Exec		4. Transact	5. Number iotof Derivati	6. Date Exercisative Expiration Date		7. Title and Amount of 8. Jnderlying Securities Do		

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8) Acc (A) Dis (D) (Ins	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		(Instr. 3 and 4)		Sec (Ins
				Code V	V (.	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 16.64	08/08/2016		А	9,	700		(1)	08/08/2026	Common Stock	9,700	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Mawhinney Tom C/O TELADOC, INC., 2 MANHATTANVILLE ROAD, SUITE 203 PURCHASE, NY 10577	х						
Signatures							
/s/ Adam C. Vandervoort, attorney-in-fact	08/10/2016						
**Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vests in full on the earlier of (i) August 8, 2017 and (ii) the day immediately preceding the issuer's 2017 annual meeting of stockholders.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.