

URSTADT BIDDLE PROPERTIES INC  
 Form 4  
 December 28, 2016

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287  
 Expires: January 31, 2015  
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Biddle Catherine U

2. Issuer Name and Ticker or Trading Symbol  
 URSTADT BIDDLE PROPERTIES INC [UBP]

5. Relationship of Reporting Person(s) to Issuer  
 (Check all applicable)

(Last) (First) (Middle)  
 53 ELMWOOD RD  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 12/28/2016

Director  10% Owner  
 Officer (give title below)  Other (specify below)

SOUTH SALEM, NY 10590  
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock	12/28/2016		J <sup>(1)</sup>	246 A \$ 0	2,173,338	I	See footnote <sup>(2)</sup>
Common Stock					294,673	I	See footnote <sup>(3)</sup>
Common Stock					284,240	I	See footnote <sup>(4)</sup>
Common Stock					5,163	I	See footnote <sup>(5)</sup>
Common Stock					1,070	I	See footnote <sup>(6)</sup>



## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On December 28, 2016, the Trust Established Under the Urstadt Biddle Properties Inc. Excess Benefit and Deferred Compensation Plan of 2005 (the "Plan") made a required distribution of 246 shares of Common Stock to Willing L. Biddle, spouse of the Reporting Person, a participant in the Issuer's Plan.

(2) Shares held by Willing L. Biddle, spouse of Catherine U. Biddle, of which 950,000 are restricted shares issued to Mr. Biddle pursuant to the Company's Restricted Stock Award Plan.

(3) Shares held by The Catherine U. Biddle 2012 Dynasty Trust.

(4) Shares held by The Willing L. Biddle 2012 Dynasty Trust.

(5) Shares held by Willing L. Biddle Inherited IRA.

(6) Shares held by Charles Biddle Trust.

(7) Shares held by Trust UW PTB Art 4.1.

(8) Shares held by Excess Benefit and Deferred Compensation Plan of 2005, of which Willing L. Biddle is a participant.

(9) Shares held by Catherine U. Biddle, of which 3,050 are restricted shares issued to Mrs. Biddle pursuant to the Company's Restricted Stock Award Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.