Edgar Filing: BEST ANTHONY JAMES - Form 4

BEST ANT Form 4	HONY JAMES							
July 19, 201	2							
FORM	ЛЛ			AND EXCHANGI		OMB A	PPROVAL	
	OMB Number:	3235-0287						
Check t if no lor subject Section Form 4 Form 5	nger to 16. or Filed pur	Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,						
obligation may con <i>See</i> Inst 1(b).	ons Section 17(ruction	(a) of the Publi	c Utility Hol	Iding Company Act t Company Act of 1	t of 1935 or Section	1		
(Print or Type	Responses)							
1. Name and Address of Reporting Person <u>*</u> BEST ANTHONY JAMES			ssuer Name an bol Energy Co [d Ticker or Trading [SM]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle) 3. Da	ate of Earliest T	Transaction	(Check all applicable)			
1775 SHERMAN STREET, SUITE 1200			nth/Day/Year) 17/2012		_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) CEO & President			
(Street)			Amendment, D l(Month/Day/Yea	-	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
DENVER,	CO 80203				Person	ore than One R	eporting	
(City)	(State)	(Zip)	Table I - Non-	Derivative Securities A	Acquired, Disposed of	, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, any	Code ar) (Instr. 8)	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	SecuritiesFBeneficially(IOwned(IFollowing(IReportedTransaction(s)(Instr. 3 and 4)	Ownership orm: Direct O) or Indirect) nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Re	port on a separate line	e for each class of	securities here	ficially owned directly	or indirectly.			
Kenninger, Ke	port on a separate link		securites bene	Persons who re information con required to resp	spond to the collect tained in this form a ond unless the form ently valid OMB cont	are not n	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of	8.1
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities	De
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Sec

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					(
				Code V	7 (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(1)</u>	07/17/2012		А	17,817		<u>(1)</u>	(1)	Common Stock	17,817	

Reporting Owners

Reporting Owner Name / Address	s Relationships						
1	Director	10% Owner	Officer	Other			
BEST ANTHONY JAMES 1775 SHERMAN STREET SUITE 1200 DENVER, CO 80203	Х		CEO & President				
Signatures							
Karin M. Writer (Attorney-In-Fact)		07/19/2012					
**Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock unit grant vests in three equal(1) annual installments beginning on July 1, 2013. The vested shares will be issued to the reporting person on the vesting dates, at which time all restrictions on the vested shares will lapse.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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