BCB BANCORP INC Form 4

July 08, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

(Print or Type Responses)

Common

Stock

1. Name and Address of Reporting Person *

07/06/2010

COUGHLIN THOMAS MICHAEL			Symbol BCB BANCORP INC [BCBP]			Issuer		
, ,	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 07/06/2010			•	X Director X Officer (gi	10% ve title Oth	e) 6 Owner er (specify
(Street)		4 If Amen	dment Dat	e Original		Chief	Operating Office	
· · · · · · · · · · · · · · · · · · ·			Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person		
NJ 07002						Form filed by Person	More than One Ro	eporting
(State)	(Zip)	Table	I - Non-De	erivative S	ecurities Ac	quired, Disposed	of, or Beneficia	lly Owned
	r) Execution	on Date, if	3. Transaction Code (Instr. 8)	onAcquired Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	(First) ENUE C (Street) NJ 07002 (State) 2. Transaction Da	(First) (Middle) ENUE C (Street) NJ 07002 (State) (Zip) 2. Transaction Date (Month/Day/Year) Execution any	Symbol BCB BA	(First) (Middle) 3. Date of Earliest Tra (Month/Day/Year) ENUE C 07/06/2010 (Street) 4. If Amendment, Dat Filed(Month/Day/Year) NJ 07002 (State) (Zip) Table I - Non-De 2. Transaction Date (Month/Day/Year) Execution Date, if Transaction any Code (Month/Day/Year) (Instr. 8)	BCB BANCORP INC [BC (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) ENUE C 07/06/2010 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) NJ 07002 (State) (Zip) Table I - Non-Derivative Section Date (Month/Day/Year) 2. Transaction Date 2A. Deemed 3. 4. Security (Month/Day/Year) Execution Date, if TransactionAcquired any Code Disposed (Month/Day/Year) (Instr. 8) (Instr. 3, 4)	BCB BANCORP INC [BCBP] (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) ENUE C 07/06/2010 (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) NJ 07002 (State) (Zip) Table I - Non-Derivative Securities Acc 2. Transaction Date 2A. Deemed 3. 4. Securities (Month/Day/Year) Execution Date, if TransactionAcquired (A) or any Code Disposed of (D) (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) (A) or	BCB BANCORP INC [BCBP] (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)X Director	BCB BANCORP INC [BCBP] (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

A

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SEC 1474

(9-02)

141,860

D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

7,200

A

(1)

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

5. Relationship of Reporting Person(s) to

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. TransactionNumber Code of (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Prio Deriv Secur (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 15.65					12/30/2005	07/08/2012	Common Stock	3,844	
Stock Options	\$ 15.65					12/30/2005	08/13/2013	Common Stock	9,287	
Stock Options	\$ 15.65					12/30/2005	08/12/2014	Common Stock	8,393	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
COUGHLIN THOMAS MICHAEL 104-110 AVENUE C	X		Chief Operating Officer				
BAYONNE, NJ 07002	21		emer operating officer				

Signatures

/s/ Alan Schick, Pursuant to Power of Attorney

07/08/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares of BCB Bancorp, Inc. stock received in exchange for shares of Pamrapo Bancorp, Inc. stock owned. Exchanged on a 1:1 basis. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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