Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

REGAL BELOIT CORP

Form 4

September 15, 2009

FORM 4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION
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OMB APPROVAL

OMB 3235-0287 Number: January 31,

Expires: 2005 Estimated average

burden hours per response... 0.5

Check this box if no longer

subject to Section 16. Form 4 or Form 5

obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * **COLVIN TERRY R**

(First)

(Middle)

6771 WHITE OAK DRIVE

(Street)

SOUTH BELOIT, IL 61080

2. Issuer Name and Ticker or Trading

Symbol

REGAL BELOIT CORP [RBC]

(Month/Day/Year) 09/11/2009

4. If Amendment, Date Original

3. Date of Earliest Transaction

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify below)

VP/Human Resources

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		ispose	Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common	00/11/2000		Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Stock	09/11/2009		F	221	D	47.29	3,679	D	Retirement

Common 736 (1) Ι Savings Stock Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Appreciation Rights	\$ 42.94					09/11/2008(2)	09/11/2016	Common Stock	7,500
Stock Appreciation Rights	\$ 44.12					05/01/2009(3)	05/01/2017	Common Stock	7,500
Stock Appreciation Rights	\$ 42.28					05/02/2010(3)	05/02/2018	Common Stock	9,000
Stock Appreciation Rights	\$ 42.65					05/08/2011(3)	05/08/2019	Common Stock	15,000

Reporting Owners

Reporting Owner Name / Address	Relationships

Director 10% Owner Officer Other

COLVIN TERRY R 6771 WHITE OAK DRIVE SOUTH BELOIT, IL 61080

VP/Human Resources

Signatures

Terry R. Colvin 09/15/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Balance reflects the most current data available with regard to holdings in the Regal-Beloit Coporation Retirement Savings Plan.

Reporting Owners 2

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- Granted as stock-settled Stock Appreciation Rights (SARs) under the 2003 Equity Incentive Plan. The SARs vest and become exercisable 40% on the second anniversary of the grant date, 60% on the third anniversary, 80% on the fourth anniversary, and 100% on the fifth anniversary.
- Granted as stock-settled Stock Appreciation Rights (SARs) under the 2007 Equity Inventive Plan. The SARs vest and become exercisable 40% on the scond anniversary of the grant date, 60% on the third anniversary, 80% on the fourth anniversary and 100% on the fifth anniversary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.