HOST HOTELS & RESORTS, INC.

Form 4

February 08, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1500

(City)

1. Name and Address of Reporting Person *

MACNAMARA BRIAN G

2. Issuer Name and Ticker or Trading

Symbol

HOST HOTELS & RESORTS, INC.

[HST]

(Middle) (Last) (First)

(State)

(Month/Day/Year)

6903 ROCKLEDGE DRIVE, SUITE 02/04/2016

(Street)

4. If Amendment, Date Original

3. Date of Earliest Transaction

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

BETHESDA, MD 20817

(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

. •		Table	: 1 - MOII-DO	erivative S	ecurii	ies Acq	un eu, Disposeu oi,	, or belieficiali	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transactio Code (Instr. 8)	4. Securities Acquired or(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	02/04/2016		<u>J(1)</u>	6,316	A	\$ 14.2	72,897.2131	D	
Common Stock	02/04/2016		F	2,725	D	\$ 14.2	70,172.2131	D	
Restricted Stock	02/04/2016		A(2)	26,294	A	\$ 14.2	44,679	D	
Restricted Stock	02/04/2016		J <u>(1)</u>	6,316	D	\$ 14.2	38,363	D	
Restricted Stock	02/04/2016		<u>J(3)</u>	12,069	D	\$ 14.2	26,294	D	

3235-0287

2005 Estimated average burden hours per

OMB APPROVAL

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5. Relationship of Reporting Person(s) to

(Check all applicable)

SVP, Controller

6. Individual or Joint/Group Filing(Check

Issuer

below)

Director

X_ Officer (give title

response... 0.5

10% Owner

Other (specify

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Incentive Stock Option (right to buy)	\$ 0	02/04/2016		A	8,000	12/31/2016	02/04/2026	Common Stock	8,0
Non-Qualified Stock Option (right to buy)	\$ 0					01/22/2014	01/22/2024	Common Stock	5,0
Non-Qualified Stock Option (right to buy)	\$ 0					12/31/2015	01/15/2025	Common Stock	4,5

Reporting Owners

Reporting Owner Name / Address	Relationships						
Toporous o must remain a remainess	Director	10% Owner	Officer	Other			
MACNAMARA BRIAN G 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817			SVP, Controller				
Signatures							

Signatures

By: Elizabeth A. Abdoo For: Brian G.
Macnamara

02/08/2016

**Signature of Reporting Person Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents the release of restrictions on shares of restricted stock which vested based on 2015 performance and inclusion of such shares into unrestricted common stock. Shares that did not vest based on performance criteria were forfeited.
- (2) 1 year Performance Grant eligible for release based on satisfaction of performance objectives for 2016.
- (3) Restricted Stock Shares forfeited due to failure to satisfy 2015 performance measures.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.