GOLDEN TERENCE C

Form 4 July 19, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

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subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

if no longer

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **GOLDEN TERENCE C**

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

Symbol

HOST HOTELS & RESORTS, INC.

(Check all applicable)

[HST]

(Last) (First) 3. Date of Earliest Transaction

X_ Director Officer (give title below)

10% Owner Other (specify

6903 ROCKLEDGE DRIVE, SUITE 07/15/2010

(Street)

(Middle)

1500

4. If Amendment, Date Original

(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting

BETHESDA, MD 20817

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

(A)

1. Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year)

Execution Date, if

(Month/Day/Year)

3. Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)

4. Securities Acquired (A) 5. Amount of Owned

Securities Ownership Beneficially Form: Direct (D) or Indirect Following

(I)

D

7. Nature of Indirect Beneficial Ownership (Instr. 4)

(D) Amount

Transaction(s)

Reported

(Instr. 4) (Instr. 3 and 4)

Restricted-Annual

Common Stock

Director Stock 07/15/2010 Award

J(1)27.3568

Code V

14.18

Price

38,819.4085

32,314 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and Expiration	7. Title a
Derivative Security	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	onDerivative	Date	Underlyin
(Instr. 3)	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 a
	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A) or		
	Derivative				Disposed of (D)		
	Security				(Instr. 3, 4, and		
					5)		
						Date Exercisable Expiration Date	Title
				Code V	(A) (D)	*	Title
				Code ,	(11) (2)		
Non-Employee							Comm
Director Def.	\$ 0	07/15/2010		J	12.4972	07/15/2010(1) 12/31/2015(1)	Commo
Stools Units	T -						Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
GOLDEN TERENCE C 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817	X					

Signatures

Stock Units

By: Elizabeth A. Abdoo For: Terence C. Golden

07/19/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to the Non-Employee Directors' Deferred Stock Compensation Plan, reporting person is required to reinvest cash dividends in shares of additional Host Hotels & Resort's common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2