

Clark Natalie Lynne
 Form 3
 March 01, 2010

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Clark Natalie Lynne		(Month/Day/Year)	MANNATECH INC [MTEX]	
(Last)	(First)	(Middle)	4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
600 S. ROYAL LANE,Â SUITE 200			(Check all applicable)	
(Street)			<input type="checkbox"/> Director	<input type="checkbox"/> 10% Owner
COPPELL,Â TXÂ 75019			<input checked="" type="checkbox"/> Officer	<input type="checkbox"/> Other
(City)	(State)	(Zip)	(give title below)	(specify below)
			Sr.VP, North America	
			6. Individual or Joint/Group Filing(Check Applicable Line)	
			<input checked="" type="checkbox"/> Form filed by One Reporting Person	
			<input type="checkbox"/> Form filed by More than One Reporting Person	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock, Par Value \$0.0001 per share	250	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
		Title			

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	Date Exercisable	Expiration Date	Amount or Number of Shares	or Indirect (I) (Instr. 5)
Right to Purchase Common Stock	Â (1)	08/22/2010	Common Stock, Par Value \$0.0001 per share 4,000 \$ 2.63	D Â
Right to Purchase Common Stock	Â (1)	11/16/2016	Common Stock, Par Value \$0.0001 per share 12,000 \$ 14.99	D Â
Right to Purchase Common Stock	Â (2)	09/05/2017	Common Stock, Par Value \$0.0001 per share 3,000 \$ 7.31	D Â
Right to Purchase Common Stock	Â (3)	11/19/2018	Common Stock, Par Value \$0.0001 per share 1,000 \$ 2.5	D Â
Right to Purchase Common Stock	Â (4)	02/23/2020	Common Stock, Par Value \$0.0001 per share 5,000 \$ 3.56	D Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Clark Natalie Lynne 600 S. ROYAL LANE SUITE 200 COPPELL, TX 75019	Â	Â	Â Sr.VP, North America	Â

Signatures

/s/ Stephen D. Fenstermacher, Co-CEO and CFO, by Power of Attorney 03/01/2010

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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- (1) Fully vested
- (2) Two-thirds of the stock options are vested, another one-third of the stock options will vest on September 6, 2010.
- (3) One-third of the stock options are vested, another one-third of the stock options will vest on November 20, 2010, and the remaining one-third of the stock options will vest on November 20, 2011.
- (4) One-third of the stock options are vested, another one-third of the stock options will vest on February 24, 2011, and the remaining one-third of the stock options will vest on February 24, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.