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FRIED ALBERT	JR										
Form 4 January 04, 2011											
									PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							N OMB Number:	3235-0287			
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 Section 17(a) of the Investment Company Act of 1940 Lanuar							urs per			
(Print or Type Respon	nses)										
1. Name and Address of Reporting Person <u>*</u> FRIED ALBERT JR			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]				Issuer				
(Last) ((First) (N	Middle)	3. Date o	of Earliest T	ransactic	n	(Ch	eck all applicabl	e)		
			(Month/Day/Year) 01/03/2011			X_ Director 10% Owner Officer (give title Other (specify below) below)					
				endment, D nth/Day/Yea	-	nal	Applicable Line) _X_ Form filed by Form filed by	_X_Form filed by One Reporting Person Form filed by More than One Reporting			
		(7:)					Person				
(City) (State)	(Zip)	Tab	le I - Non-J	Derivativ	e Securities	s Acquired, Disposed	of, or Beneficia	lly Owned		
	ansaction Date th/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transactic Code (Instr. 8) Code V	Dispose (Instr. 3	(A) or ed of (D) , 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Report on	a separate line	for each cla	ass of secu	urities bene	ficially o	wned directl	y or indirectly.				
					info requ disp	rmation co iired to res	respond to the colle ontained in this form spond unless the fo rently valid OMB co	n are not orm	SEC 1474 (9-02)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount
Derivative Security	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securiti
(Instr. 3)	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
	Price of		(Month/Day/Year)	(Instr. 8)	Acquired		

	Derivative Security			(A) or Disposed (D) (Instr. 3, and 5)				
			Code	V (A)	(D) Date Exercisable	Expiration Date	Title	Amou or Numl of Share
Non-Employee Stock Options (right to buy)	\$ 29.26	01/03/2011	А	5,024	<u>(1)</u>	01/02/2016	Common Stock	5,02
Reporting	g Ownei	rs						

Reporting Owner Name / Address		Relationsh	ips	
	Director	10% Owner	Officer	Other
FRIED ALBERT JR 45 BROADWAY, 24TH FLOOR NEW YORK, NY 10006	Х			
Signatures				
Sheldon I. Cammaker, Attorney-in-Fact		01/04/2011		
<u>**</u> Signature of Reporting Person		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 25% exercisable on 1/3/11; 25% exercisable on 4/1/11; 25% exercisable on 7/1/11; 25% exercisable on 10/1/11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.