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ENERGROUP TECHNOLOGIES CORP Form 3 September 12, 2005 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Rep Person <u>*</u> Fry Stephen R	orting	2. Date of Event Requirin Statement (Month/Day/Year)	^g 3. Issuer Name and Ticker or Trading Symbol ENERGROUP TECHNOLOGIES CORP [ENRG]							
(Last) (First)	(Middle)	01/15/2003		4. Relationship of Reporting Person(s) to Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)				
808 EAST 1300 SOUT	Н				1 1100(1110)					
(Street)			(Check a	(Check all applicable)		6. Individual or Joint/Group				
SALT LAKE CITY, UT 84108						Eiling (Charle Angliashla Ling)				
(City) (State)	(Zip)	Table I	- Non-Derivati	Non-Derivative Securities Beneficially Owned						
1.Title of Security (Instr. 4)			lly Owned	Ownership C	. Nature of Ind wnership instr. 5)	irect Beneficial				
Reminder: Report on a separa owned directly or indirectly.	ate line for ea	ch class of securities bene	ficially SE	C 1473 (7-02)						
inform require curren	ation conta ed to respo tly valid Ol	pond to the collection ained in this form are r nd unless the form dis MB control number.	not splays a							
Table II - Der	ivative Secur	rities Beneficially Owned	(e.g., puts, calls, v	warrants, option	ns, convertible	e securities)				
1. Title of Derivative Securit (Instr. 4)	Expii	ration Date Secu	tle and Amount of rities Underlying vative Security r. 4)	4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)				

Date

Exercisable

Expiration

Title

Date

Direct (D)

or Indirect

(Instr. 5)

(I)

Security

Amount or

Number of

Shares

Reporting Owners

Reporting Owner Name / Address		Relationships					
		Director	10% Owner	Officer	Other		
Fry Stephen R 808 EAST 1300 SOUTH SALT LAKE CITY, UT 84108		ÂX	Â	President	Â		
Signatures							
/S/ Stephen R. Fry	09/08/2005						
** Signature of Reporting Person	Date						
	_						

Explanation of Responses:

No securities are beneficially owned

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.